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# ETHE COAL FACE

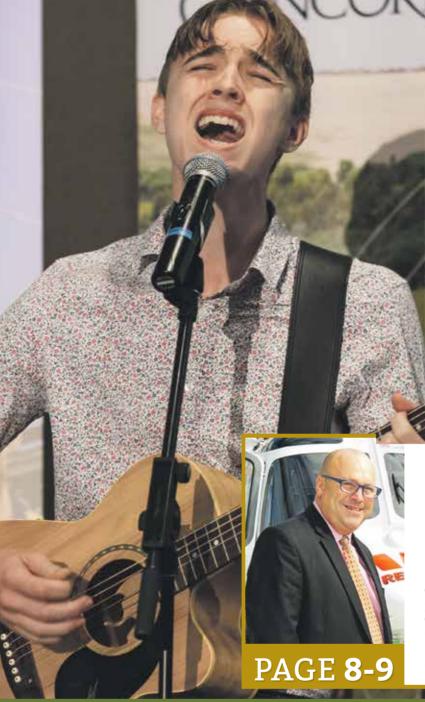
Vol 3 No 6: May - June 2019

Available online @ thecoalface.net.au

# THE RIGHT REHAB PAGE 10

THE ANNUAL MINE LANDS
REHABILITATION CONFERENCE IS BACK
AGAIN FROM JUNE 19-21 AND IS A MUST
ATTEND EVENT FOR OUR INDUSTRY.





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STAR STRUCK

\$1 MILLION INVESTED

CEO RICHARD JONES EMBEDS EXCELLENCE THROUGHOUT THE WESTPAC RESCUE HELICOPTER SERVICE TO BUILD A BIGGER AND BETTER FUTURE FOR THE ORGANISATION AND OUR COMMUNITY.

PAGE SUPER STARS



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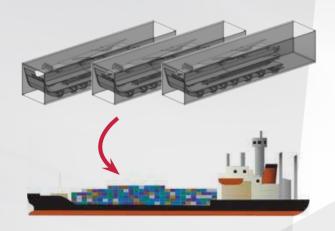
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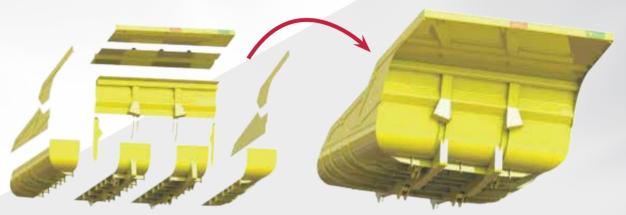
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# TRANSPORT AND LOGISTICS: MINETEC EASY TRAY CONFIGURATION



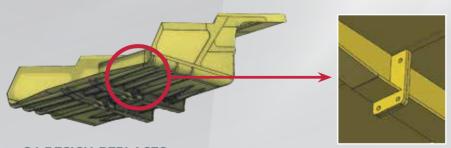


# ANGLED SIDEWALLS FOR ACCELERATION OF MATERIAL WHILE UNLOADING



- ► REDUCES CARRY BACK
- ► CURVED FLOOR-SIDEWALL SECTIONS
- ► REDUCES CARRY BACK ISSUES

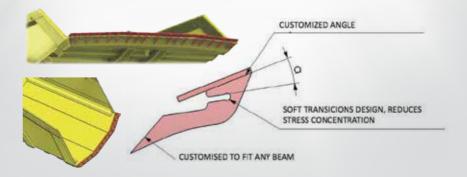
#### **INNOVATIVE DESIGN FEATURES**



- ► G4 DESIGN REPLACES

  UNDERFLOOR BOLSTER BEAMS FOR 'T' DESIGN BEAMS
- ► REDUCES CONCENTRATION OF STRESS.

#### **OPTIONAL MINETEC DUCK TAIL DESIGN**





# TOP OF THE

IT'S BEEN A MONTH FULL OF UPS AND DOWNS FOR US HERE @ THE COALFACE. LITERALLY.

We got about as high as you can go when we went up in a hot air balloon with Beyond Ballooning. If you've never seen the amazing views of the Hunter Valley from a hot air balloon, then it has to go on your bucket list.

Then when we heard the news that Singleton has yet again been overlooked for Resources for Regions funding it brought us crashing back to earth. Let's hope Deputy Premier John Barilaro can keep his promise to review the program and make sure future funds are allocated to a community that we reckon deserves it more than any other.

THIS MONTH IT WAS ALL ABOUT
THE WESTPAC RESCUE HELICOPTER
SERVICE AND NO ORGANISATION
DESERVES RECOGNITION MORE. WE
SAT DOWN WITH CEO RICHARD JONES
TO TALK ABOUT THE FUTURE OF THE
SERVICE, AND TO PAY HOMAGE TO
EVERYONE WHO HELPS KEEP THIS
VITAL SERVICE IN THE AIR.

We also feature two stories about support for the service. Yancoal's generous partnership and the wrap up of the Coalface Pedal. It's because of the countless companies and events like these that the service is always there when it's needed.

In the media this month it's all about

the election. We tell the story of Stuart Bonds, our local coal miner who's having a crack at running for the Hunter electorate. In doing so we got to see first hand how today's media spins a story. Why we don't necessarily agree with Stuart's views, we don't believe he should be vilified for having them, nor should he have to change who he is to enter the political arena.

Which is why we are so glad to bring you the unfiltered views of some incredibly important people who don't hold back when it comes to the truth. Kids @ The Coalface this month is all about what makes kids happy and angry.

We hope you enjoy this edition!



# COAL FACE

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# GOAL FOR COAL

It was fantastic to see thousands of local miners and their families join thousands more rugby league fans to celebrate the Voice for Mining Family Day on April 18 at McDonald Jones Stadium.

The Stadium was a sea of bright orange as fans wore their hi vis gear to support the Knights wearing their replica mining jerseys on the field against the Manly Sea Eagles. Over 20,000 people turned out to cheer on the Knights and celebrate our local mining industry.

The Voice for Mining Family Day has become a major community event that celebrates all the good things that mining and Rugby League bring to the Hunter.

More importantly, it highlights the contribution of the people that make up our industry. People like Adam Smith, Electrical Superintendent at Centennial's Myuna Colliery near Toronto. Adam has worked at the Myuna coal mine for 24 years

EVERY DAY, THOUSANDS OF MINERS ACROSS THE HUNTER HEAD TO WORK AT OUR WORLD CLASS MINES. MOST OF OUR LOCAL MINING WORKFORCE LIVE AND RAISE FAMILIES IN TOWNS NEAR WHERE MINING TAKES PLACE. THEY'RE AN IMPORTANT PART OF THEIR LOCAL COMMUNITY AND CONTRIBUTE SO MUCH TO THE LOCAL ECONOMY.

and raised a family in the local community, who attended the Family Day with him. As a great representative of our world class mining workforce, it was terrific to see Adam given the honour of joining the two team captains to toss the coin before the game.

It's these people that are often forgotten in the endless debates around mining in the Hunter. It's the same people forgotten by extreme groups like the Greens whose radical policy ideas were rejected at the recent NSW election, particularly in Hunter mining towns.

With the federal election fast approaching, there will be more Greens candidates campaigning in our region, telling us they support the Hunter yet proposing their plans to kill off thousands of local mining jobs.

The collapse of the Greens vote across NSW at the State election and the rejection of the Greens' radical policy agenda sends a pretty clear message.

Voters want economic responsibility and support for the industries that deliver jobs, investment and growth, particularly in regions like the Hunter. Hopefully we can get right policies here in NSW that support mining in creating more jobs, particularly in regions like the Hunter that contribute so much to our State.

Stephen Galilee, CEO, NSW Minerals Council





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At the time, many experts reckoned that we did not have enough coal to export. The CSIRO advised the Federal Government not to allow coal exports because we might run out of coal for ourselves!

Fortunately, governments supported the development of the coal industry and now thousands of New South Welshman are employed in coal mining or related industries. Day in and day out, the hard work of miners in the Hunter helps keep the lights on in NSW homes and pay for public services right across NSW from hospitals to schools.

However, there are a new generation of politicians once again talking down the prospects of our coal industry. Labor says no one wants to build a coal fired power station anymore.

LABOR IS WRONG. THERE ARE **OVER 700 COAL POWER STATIONS** IN CONSTRUCTION OR IN PLANNING AROUND THE WORLD. AS A RESULT, AUSTRALIA'S **COAL HAS NEVER BEEN IN** MORE DEMAND AND LAST YEAR **COAL REGAINED ITS PLACE AS** AUSTRALIA'S LARGEST EXPORT.

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It is kind of curious then why the Labor party has adopted a policy at this election to "transition" away from coal when the industry is smashing records. It is like the Newcastle Knights deciding to "transition" away from Kalyn Ponga just as he is getting started.

Labor has proposed to provide \$8.5 million to establish what they call a "Just Transition Authority". This Authority, in the words of the Labor party, would "have the power to implement pooled redundancy and redeployment schemes for workers in coal power stations and associated mines."

The Labor party explicitly mention Lithgow, Illawarra and the Hunter Valley as targets for a "just transition". The Labor party speaks of these regions in the past tense, "these communities and their traditional industries have underpinned our national prosperity and have been the

source of jobs for generations of Australians.'

COMPONENTSONLY

Why any government, let alone a Labor government, would establish a government agency to put people out of work is beyond belief. It can only be explained by the fact that the Labor party is taking votes from the Greens so it can't defend the jobs of mining or mining communities.

The Liberal National Government supports the growth of our coal sector. We are proud of our great coal industry. We don't just want to keep coal jobs, we want to create more coal jobs.

**JUST AS WE HAVE ACHIEVED IN** THE PAST FEW DECADES, A LARGER **COAL INDUSTRY WOULD MEAN** MORE JOBS, BETTER COMMUNITIES AND A GREATER ABILITY TO FUND **PUBLIC SERVICES** 

The Hon. Matt Canavan, Federal Minister for Resources

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# 

NEWS ANNOUNCER JESSICA ROUSE FROM RADIO HUNTER VALLEY HAS THE LATEST NEWS STORIES

#### **PROMISE SET IN CONCRETE**

The Singleton Bypass funding promise "is concrete" according to incumbent Hunter MP Joel Fitzgibbon. Joel Fitzgibbon made the commitment back in February during Country Labor Melanie Dagg's NSW Election campaign that a Shorten Labor Government would contribute \$250 million towards the bypass project.

"It is contingent upon the election of a Shorten Labor of course because Scott Morrison nor the national party have shown any sign of making a real commitment to the Singleton Bypass," he said.

Labor has often said that the current Berejiklian Government and Morrison Government have dragged the chain, and when asked what he would've done quickly Joel FItzgibbon said simply he'd have done it more quickly.

#### DRIVER TRAPPED AT MOUNT ARTHUR

The NSW Resources Regulator has confirmed an incident at Mount Arthur mine at Muswellbrook where a truck rolled on Friday April 5.

A haul truck rolled on to its side after contracting a windrow just before midnight.

The operator only suffered minor injuries and was trapped before being assisted from the cabin due to it being elevated off the ground.

It comes after another incident at the mine last month that saw an excavator catch alight.

Both incidents are the subject of ongoing investigations.



#### FATE OF DARTRBOOK IN THE HANDS OF THE IPC

The Independent Planning Commission (IPC) held a public meeting into the Dartbrook Mine Modification proposal in April.

Australia Pacific Coal put forward their Dartbrook Coal Mine - Modification 7 (DA 231-7-2000 MOD7) to the NSW Department of Planning and Environment which was recommended to be approved earlier this year to the IPC.

The modification would see underground mining restart at the site southwest of Aberdeen using bord and pillar methods with a varied coal clearance system.

A newly formed group called 'Friends of the Upper Hunter' has formed against the mine. The fate now rests with the IPC.

#### HOW ARE YA

Scone is one of nine places trialling a new Federal Government mental health initiative.

The Trusted Advocates
Network Trial will be held
over three years through
Hunter New England
Health and will see ten
trusted community
members, who may
or may not have lived
experience of mental
illness, learn skills in
mental health first aid to
assist them in this role.

"Extensive consultations undertaken by Major General Day revealed communities were looking for someone to talk to within their community who would listen to them rather than treat them," New England MP Barnaby Joyce said.

#### YANCOAL LOOKS AHEAD

Yancoal is exploring potential future growth at Mount Thorley Warkworth. Yancoal is working towards producing a pre-feasibility study (PFS) for release in the first quarter of 2020 for a potential underground mine at Mount Thorley Warkworth which could boost production by six million tonnes of run-of-mine (ROM) coal.

#### **EQUIPMENT LITERALLY SAVING LIVES**

Ellerston Rural Fire Service brigade is now better equipped to attend accidents with a new first of its kind rescue unit.

NSW Rural Fire Service Commissioner Shane Fitzsimmons AFSM officially handed over the keys for a new light rescue vehicle worth \$150,000.

The unit provides a greater ability to respond to accidents quickly featuring off road capabilities and heavy duty hydraulic cutting equipment to perform rescue operations.

#### HERE WE GO AGAIN

The Upper Hunter will head to the polls on May 18 along with the rest of Australia.

There are eight candidates in the Hunter seat including One Nation candidate Stuart Bonds who was drawn in the first position on the ballot paper.

The Nationals candidate is Josh

Angus, there's also Animal Justice Party's James Murphy, Paul Davies for the United Australia Party, The Greens Janet Murray, Richard Stretton for the Christian Democratic Party, Max Boddy for the Socialist Equality Party and of course incumbent Hunter MP Joel Fitzgibbon.

#### **UPPER HUNTER MORE OPTIMISTIC**

According to the Hunter Research Foundation Centre more Upper Hunter businesses are reporting their performance is improving more so than declining.

Between July and December 2018, consumer spending remained steady, there were dramatic fluctuations in the thermal coal price, low rates of unemployment and a 30 per cent increase in housing approvals despite no growth in that area state-wide.

Unlike the broader region or the state, employment numbers fell from June 2018 to February 2019. There were 3,300 jobs lost (3-month moving average) in the Hunter Balance (Singleton, Muswellbrook, Upper Hunter plus Cessnock, Maitland, Port Stephens and Dungog LGAs) over this period, according to the ABS Labour Force survey.

and charged with two counts of drive while suspended, negligent driving, and having goods in custody suspected of being stolen. He was also refused bail.



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Singleton which contributes \$340 million in royalties to the State's coffers each year continues to miss out.

A disappointed Mayor of Singleton, Cr Sue Moore has vowed to hold the NSW Deputy Premier to his word to overhaul the Resources for Regions program after Singleton will miss out yet again.

The Deputy Premier John Barilaro personally pledged to review the funding program at a meeting with Cr Moore and General Manager Jason Linnane on April 30, where he also

four major transport routes servicing the area's 17 coal mines.

Improvements to the program are a major item on Singleton Council's Advocacy Agenda, which calls for a fixed percentage of the total royalties for mining-affected communities based on the amount of royalties generated by that area.

"COUNCIL HAS REPEATEDLY RAISED ISSUES WITH THE PROGRAM AS IT CURRENTLY STANDS, AND THE FACT SINGLETON IS TO MISS **OUT YET AGAIN IN THIS LATEST** ROUND REINFORCES THERE ARE

#### **FUNDAMENTAL ISSUES WITH** THE ADMINISTRATION OF THE PROGRAM," CR MOORE SAID.

"I'm extremely disappointed with the outcome of Council's latest application, particularly because of the improved road safety benefits for the miners literally travelling to the coal face every day."

"Add to that the level of impact our community experiences every day, and it is beyond belief that we could ever miss out on a grant program aimed to support mining-affected communities."

CR MOORE SAID SHE RESPECTED THE FACT THAT MR BARILARO TOOK THE TIME TO PERSONALLY MEET WITH THE COUNCIL AND TO ACKNOWLEDGE AND **ADVANCE OUR PREVIOUS CALLS FOR AN OVERHAUL OF** THE RESOURCES FOR REGIONS PROGRAM.

"I thank Mr Barilaro for understanding the importance of our road projects and his commitment to source other funding options. I look forward to hearing of project funding in the very near future."

Cr Moore said the shock that Singleton had been overlooked yet again appeared to motivate Mr Barilaro to make changes to the Resources for Regions program.

"Singleton has made no secret that the program should be funded from mining royalties, with a fixed amount made



PH 6545 1066

#### **NOW STOCKING HONDA MOTORCYCLES**

A duck says to a bull, "I would love to get on top of that tree, but I haven't the energy."

"Well," says the bull, "why don't you eat some of my dung? It's packed with nutrients."

So the duck eats some dung and finds that it gives him enough energy to get to the first branch. The next day, he eats some more and gets to the next branch. This cycle continues for a week. Finally, the duck is at the top of the tree, where he is spotted by the farmer, who shoots him with a shotgun.

Moral of the Story: bullsh\*\*t might take you to the top, but it won't keep you there.

available to areas based on the level of affectation and without the need for a benefit cost ratio," she said.

"Mr Barilaro indicated these factors will be key components of an immediate overhaul of the program, and I know he would expect nothing less from the people of Singleton that we'll make sure he keeps his word. And sooner rather than later."

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# FOR OUR FUTURE

YOU PRAY YOU NEVER NEED THE WESTPAC RESCUE HELICOPTER SERVICE, BUT IF YOU EVER DO THIS IS THE KIND OF TEAM YOU WANT ON THE JOB.

This month we sat down with Richard Jones. Richard is a kind hearted, down to earth character with a passion for supporting and helping his community. He is also the Chief Executive Officer of the Westpac Rescue Helicopter Service.

Saving lives since 1975, the Westpac Rescue Helicopter Service has become a highly valued and respected organisation to the Hunter Valley and wider community.

Richard Jones came on board as CEO in November 1995 with the goal of bringing people back on board to support the organisation, which had gone through a rocky period in previous years.

"When I started the budget was about \$4 million bucks and we had 20 full time staff, and as we sit here now we have 130 full time staff and our budget is \$42 million a year, very much driven by a new 10-year contract with NSW Ambulance and Heath," Richard said.

ORGANISATION GROWTH AND FUNDING ALL COME DOWN TO ONE THING FOR THE WESTPAC RESCUE TEAM AND THAT'S SAVING LIVES. RICHARD SAID, "WE ARE HERE TO BE AVAILABLE WHEN





#### THE PHONE RINGS, THAT'S THE BOTTOM LINE."

Just 2 years into the 10-year contract, the organisation is already starting to plan what the future may look like. Richard emphasised the importance of running operations today, but also planning for the future to ensure the service continues to support the community as long as possible. "We have a very clear mind to today but an even clearer view on

today, but an even clearer view on what we need to do in 8 years' time and it's exciting to have our eyes on the future, but the nitty gritty is here today to do what we do every day," Richard added.

"It's been a ride I can tell you, there's been nothing but growth. The community involvement in what we do and the thousands of volunteers we have has made us very well placed to keep on pushing towards the organisations future." Richard has maintained relationships throughout the community and has grown the Westpac rescue organisation into something to be extremely proud of.

The entire team, from the engineers, planners, marketers and accounts team to the helicopter pilots and ground staff, are all equally valued and highly regarded.

A LOT OF THE MEDIA FOCUSES ON THE PILOTS OUT IN THE ROUGH CONDITIONS AND IN THE PUBLIC EYE AND THEY TRULY ARE HEROIC PROFESSIONALS, BUT EVERY SINGLE MEMBER OF THE ORGANISATION PLAYS SUCH AN INTEGRAL PART OF PROVIDING THE SERVICES THAT WE RELY ON EVERY DAY.

"We are very keen to acknowledge everyone and we have a great internal system where you can acknowledge a colleague, because when any member of the organisation does well they should be celebrated," Jones said.

It's been a rocky road at times for the Westpac rescue team, especially with the huge operations of 24 call outs in 4 days over Easter, but the outcome is what drives them every day.

"The operations guys are coiled, springed and ready to leap into action at any particular moment because you just don't know when the phone's going to ring. And that's the mystery and beauty of what we do, be aware and be ready and we all chip in and help each other," Richard said.

"The things that really keep you ticking is when a family comes in just to say thank you."

HUNDREDS OF PEOPLE
ARE RESCUED EACH YEAR
THROUGHOUT THE HUNTER
VALLEY AND WIDER COMMUNITY
THROUGH THE SERVICE. THE
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Quad bikers, horse riders, car accident victims and everyone rescued in between and their families has a different story. By facilitating these community members coming together, the Westpac Rescue Helicopter Service provides a support network that otherwise wouldn't be available.

Richard also mentioned the reward of making some new friends along the way adding, "The real human face and side to it is what we live and breathe on and I know the staff get very emotionally involved in some of the friends that we've got and built up over the years."

The outcomes of what the Service does every day are often the result of a diverse and flexible workforce. "There's no such thing as a typical day here I can assure you that," chuckled Richard.

"You can come in that morning and have a pretty clear calendar for the week and by 10am its full, and that's the beauty of what we do, every day is different and every day is dynamic."

THESE ASPECTS AND OUTCOMES OF THE ORGANISATION IS WHAT ATTRACTS SO MANY PEOPLE TO WANT TO WORK THERE. IF YOU'RE LOOKING FOR A FULFILLING ROLE, RICHARD EXPRESSED THE REWARDS AND OUTCOMES THAT COME WITH WORKING IN THE NON-FOR-PROFIT SECTOR.

The Westpac Rescue employs those in the top of their craft and trade, to ensure the highest quality of care as they fly the sickest people in the State around. "These top people deserve the platform to go and do their remarkable work," Richard added.

The CEO had some great advice to kids and upcoming professionals with aspirations of joining the service or any non-for-profit role.

"Don't ever think that the nonfor-profit sector in total is not a rewarding experience because you get to apply your trade in a professional manner but you're also doing good, and you can go home and sleep pretty good at night knowing you got to apply your trade and have some really cool outcomes."

THE SERVICE RELIES HEAVILY
ON FUNDRAISING, DONATIONS
AND FUNDING TO CONTINUE THE
REMARKABLE WORK THEY DO. THE
COMMUNITY CAN GET INVOLVED
IN A NUMBER OF WAYS BY
PARTICIPATING IN FUNDRAISING
EVENTS OR SIMPLY DONATING ON
THE RESCUE WEBSITE.

Jones expressed his absolute appreciation for the community members, organisations and companies that have supported the service over the years.

"This is where mining has been so good and so supportive, particularly through the CFMEU with the payroll deduction, and that's where guys and girls can donate a little bit out of their pay each week," said Jones.

"Payroll is our single biggest fundraiser and we have hundreds and hundreds of companies from Mum and Dad organisation up to a Coal Mine with 1500 people and,

bless them, a lot of mining companies now are matching their workers dollar for dollar which is just extraordinary."

The mining industry started the payroll deduction donation program and it has now gone out into the broader community. Being a donation to a non-for-profit organisation, the deduction is of course tax deductible.

"Mining did start that and they drove that way back 35 years ago

and are still diligently doing it today, so it's a huge thank you," Richard added. "We thank the mining industry every day."

Richard chuckled as he mentioned the time a coal miner came to him one day and said, "I'm happy to give you 10 bucks a week but I never bloody want to see you at my workplace unless you're here to say thank you."

THE HUNTER VALLEY AND WIDER COMMUNITY ARE FORTUNATE AND PRIVILEGED TO HAVE A SERVICE LIKE THE WESTPAC RESCUE HELICOPTER SERVICE AND THE INSPIRATIONAL TEAM BEHIND IT.



"Our communities were built on coal and the industry will continue to create local jobs for decades to come. The world needs our relatively clean and efficient coal. A Labor Government built the \$1.2 billion third rail track so that we can remain internationally competitive.

I'll fight to increase wages, conditions, and to keep our miners safe. Labor will introduce a Same Job, Same Pay policy for labour hire workers and we'll put a handbrake on casualisation. Labor wants to help our mineworkers get to work safer and quicker. We built the \$1.7 billion Hunter Expressway and we'll build the Singleton bypass.

Our mineworkers want the best for their families: good schools, affordable health services and quality local facilities.
Labor will continue to invest in our local communities."

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Authorised by Joel Fitzgibbon, Australian Labor Party (NSW Branch), 3 Edward Street Cessnock 2325 NSW.

Labor



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At the November forum, groups of representatives from the community, industry, government and business brainstormed and developed ideas for future Dialogue projects. The result was an impressive and wideranging list of potential projects. During the past few months, the Dialogue's working groups and Joint Advisory Steering Committee have examined and discussed the proposed project ideas and prioritised the suggestions. The Dialogue is now working towards developing some of the short list into projects.

Potential projects being investigated include:

**DIALOGUE PROCUREMENT HUB** – a web-based portal focused on procurement opportunities for local businesses.

#### MINING PROCUREMENT BUSINESS EVENTS

- procurement-opportunity-focused events in partnership with local business organisations.

**STEM EDUCATION PROGRAM** – development of Science, Technology, Engineering and Maths studies in schools in partnership with education providers.

#### **FURTHER COMMUNITY ENGAGEMENT -**

expansion of the Dialogue's existing community engagement activities including presenting to community groups.

#### **UPPER HUNTER AIR QUALITY MONITORING NETWORK**

DATA - investigation of how network data can be used to assess long-term trends in air quality.

POST-MINING LAND USE PATHWAY - ascertain Government interest in developing a pilot project dealing with post-mining land use.

**BUFFER LAND REPORTING** – expand the Dialogue's existing mining land use data collation to collect information about mines' buffer land areas.

BENEFICIAL REUSE OF VOIDS - review and publish information on beneficial uses for final voids to improve understanding of potential post mining land use.

**WATER STEWARDSHIP** – gather information to provide further context to water usage and water management by

STAR STRUCK IS A SHOWCASE OF DANCE, DRAMA AND MUSIC PERFORMED BY STUDENTS FROM ALL ACROSS THE HUNTER. SPONSORED BY GLENCORE, THIS YEAR'S EXTRAVAGANZA HAS THE THEME 'NO LIMITS' AND PROMISES TO BE A SHOW

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### **BACK TO REHAB**

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FRI JUNE 21ST: Mine Tours at locations TBC.

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The 9th Annual Best Practice Ecological Rehabilitation of Mined Lands Conference organised by the Cooperative Research Centre for Contamination Assessment and Remediation of the Environment (CRC CARE) in conjunction with the University of Newcastle and is a significant event on the Hunter Region calendar. With more than 300 delegates anticipated to attend, it is one of the largest mining rehabilitation conferences in Australia.

The conference is an important avenue for our industry to promote the use of best practice approaches in the management of rehabilitation of mines lands. Conference themes include:

- Ecological restoration and rehabilitation science
- Research and or best practice
- Case studies along with achievements and lessons
- The regulatory environment now and the future
- Biodiversity assessment now and the future
- Mine voids and pit lakes

"MINING IN THE HUNTER REGION IS VAST AND WILL CONTINUE LONG PAST MY LIFETIME WITH NEW LEASES OPENING UP," SAID UNIVERSITY OF NEWCASTLE EMERITUS PROFESSOR TIM ROBERTS.

"It is imperative that we plan for remediation of those lands before mining begins. Good planning

takes time, research and conversations – such as those that delegates will engage in throughout the conference," Tim added.

CRC CARE Managing Director Professor Ravi Naidu said that, given the rich history of the Mine Rehab Conference under the Tom Farrell Institute, he is very happy that the event is able to continue with CRC CARE.

"This is an important event focusing on an increasingly urgent issue," said Professor Naidu. "Presenters and delegates will seek to answer such crucial questions as, 'What is the best use of postmining landscapes?', 'What is impact of current research on existing practices?', and 'How can we improve our commitment to the community to remediate these lands?""





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CARBON. IN SIMPLE TERMS, THEY HAVE FOUND A WAY TO TURN CARBON DIOXIDE BACK INTO COAL.

The research team led by RMIT University in Melbourne used liquid metals to turn carbon dioxide back into solid coal at room temperature, in a world-first breakthrough that could revolutionise carbon capture and storage.

Published in the journal Nature Communications, the research offers an alternative pathway for safely and permanently removing the greenhouse gas from our atmosphere.

What makes this research especially significant is unlike other methods which usually require working at temperatures of hundreds of degrees Celsius making them energyintensive and not commercially viable, the process is done at room temperature.

In addition, current technologies that focus on compressing CO2 into a liquid form and then injecting it underground have both economic and environmental drawbacks, notably possible leaks from storage

RMIT researcher Dr Torben Daeneke said converting CO2 into a solid could be a more sustainable approach.

"WHILE WE CAN'T LITERALLY TURN BACK TIME, TURNING CARBON DIOXIDE BACK INTO COAL AND BURYING IT BACK IN THE GROUND IS A BIT LIKE REWINDING THE EMISSIONS CLOCK," DR DAENEKE, AN AUSTRALIAN RESEARCH COUNCIL DECRA FELLOW, SAID.

**'AVE A LAUGH** WITH SconeOu PH 6545 3033

"To date, CO2 has

only been converted

into a solid at extremely

temperatures,

high

unviable. By using liquid metals

as a catalyst, we've shown

a Vice-Chancellor's Research Fellow

in RMIT's School of Engineering,

technique to capture and convert

atmospheric CO2 to storable solid

carbon produced could also be used

carbon. Dr Esrafilzadeh said the

"A side benefit of the process is

that the carbon can hold electrical

so it could potentially be used as a

component in future vehicles. The

as a by-product, which could also

have industrial applications."

process also produces synthetic fuel

charge, becoming a supercapacitor,

as an electrode.

developed the electrochemical

making it industrially

#### **NOW STOCKING HONDA MOTORCYCLES**

A farm boy accidentally overturned his wagonload of corn. The farmer who lived nearby heard the noise and yelled over to the boy, "Hey Willis forget your troubles. Come in and visit with us. I'll help you get the wagon up later.'

"That's mighty nice of you," Willis answered, "but I don't think Pa would like me to."

"Aw come on boy," the farmer insisted.

"Well okay," the boy finally agreed, and added, "but Pa won't like it."

After a hearty dinner, Willis thanked his host. "I feel a lot better now, but I know Pa is going to be real upset."

"Don't be foolish!" the neighbor said with a smile. "By the way, where is he?"

"Under the wagon."



### **GROW WITH US** IN MUDGEE

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# IT SHOULDN'T BE SO HARD

DON'T GET ME WRONG, THE PLANNING AND APPROVAL PROCESS AROUND MINING SHOULD BE RIGOROUS AND THOROUGH, BUT WHEN IT GETS TO THE POINT WHERE EVEN THE PEOPLE RUNNING IT ALL DON'T SEEM TO UNDERSTAND WHAT'S GOING ON, WE HAVE A PROBLEM.

It doesn't matter if you are a supporter or detractor of mining, the fact is that our coal industry as it currently stands makes an enormous contribution at a local, state, national and even international level. More importantly, it directly influences many individual lives as well. This will be the case for the foreseeable future.

WITH THAT IN MIND, THIS LITTLE **RANT IS ABOUT CONVERSATIONS** I'VE HAD WITH A NUMBER OF 'THE REGULAR PEOPLE' IN THE MINING **COMMUNITY. PEOPLE EXPRESSING GENUINE WORRY AND CONCERN ABOUT THEIR IMMEDIATE FUTURES** ALL BECAUSE OF THE 'INDECISION MAKERS'.

Sure, I always have plenty of conversations with those in the know about the planning process. Conversations about the frustrations of a merry-go-round system too often caught up in activist created chaos as opposed to genuine meritbased project frameworks and issues. It's the conversations I have with everyday people that resonate with me the most though.

While I'm a strong supporter of new mines (and the economic activity and jobs that come with them) that are well planned

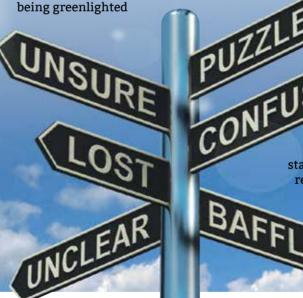
and developed, I'm an even bigger supporter of sensibly planned existing operations extending their productive life. In what is a wellregulated and well-established mining region it should be a lot more streamlined for existing projects to continue operations and continue to provide stability for their workforces. It allows for less overall development and disturbance on already mining affected land. A no-brainer I reckon.

WHAT I WANT TO SEE IS A PROCESS THAT FITS WITHIN REASONABLE TIMEFRAMES THAT ALL CAN UNDERSTAND, WORK AND PLAN TO. WE NEED A PROCESS THAT **DOESN'T CREATE UNNECESSARY UNCERTAINTY AND STRESS FOR WORKERS BY DRAGGING OUT DECISIONS PAST A POINT THAT GIVES THEM LITTLE TIME TO** PREPARE ALTERNATIVE PLANS.

With all the state and federal election 'progress stopping' and distracting chaos so far this year, I hope people get back on the job sooner rather than

Everyone knows change is needed in the planning process. Let's hope we also get that sooner than later. Let's hope we get a process that at

> least has a defined beginning and end and timeframe. Let's hope it's a process that doesn't always push things to an ultimate deadline that negatively amplifies the effects of its outcome. Let's hope it starts to actually recognise and respect the people who actually do the hard yards... The hard working coalminers of the **Hunter Valley** and beyond.





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from many decades ago.



# WE COUNT

WITH CLIMATE CHANGE SO HIGH ON THE NATIONAL AGENDA AS PART OF FEDERAL ELECTION CAMPAIGNING, IT STANDS TO REASON THAT ANY CONVERSATION ABOUT THE FUTURE OF COAL CANNOT BE AVOIDED.

Both major parties have pledged vastly different ambitions for cutting greenhouse gas emissions. But both directions must factor the consequences for coal production, and, in Singleton Council's view, the impacts on mining communities such as ours.

THE IMPORTANCE OF MINING TO SINGLETON IS WELL-NOTED, **PARTICULARLY AS IT ACCOUNTS FOR 65% OF OUR REGIONAL OUTPUT.** INDEED, AUSTRALIA ITSELF **REMAINS HEAVILY RELIANT** ON COAL EXPORTS.

Regardless of who wins at the polls on May 18 and what policy they pursue, if there is to be a national movement away from the reliance of coal and coal-fired energy, Singleton also needs to be on a course where our local economy can not only survive but thrive.

That includes opportunities for local mineworkers and their families to remain in Singleton because of the lifestyle benefits, while continuing to enjoy the economic rewards that come from stable employment and career satisfaction.

But with climate change and the role of coal dominating the national conversation, both the Federal and State governments owe it to communities such as Singleton – which have helped to drive the State and national economies – to support them to be vibrant, sustainable and resilient to government-led industry transformation. Council's Federal Advocacy agenda calls on all candidates in the seat of Hunter to commit to supporting mining-affected regions, namely through partnerships with the State Government to provide dedicated resourcing and

funding aimed at making a

future Singleton economy

resilient and diverse.

BY DOING NOTHING, IT WILL APPEAR THE FEDERAL AND STATE GOVERNMENTS HAVE EXPLOITED AREAS LIKE OURS FOR **OUR NATURAL RESOURCES, WITHOUT** COMPENSATION FOR THE PEOPLE WHO HAVE CARRIED THE LOAD FOR THE BENEFIT OF OTHER AREAS - INCLUDING CANBERRA.

SUE MOORE, MAYOR OF SINGLETON

This federal election may not only be a tipping point for the national direction on climate change, but the future of Singleton. I hope both levels of government are considering what the impacts will be for mining-affected communities, and what they must do to ensure communities like ours flourish into the future.

Cr Sue Moore, Mayor of Singleton



ON THE RISE FOR THE FIRST TIME, FEMALE PARTICIPATION IN HATCH'S STEM SUMMER VACATION PROGRAM HAS HIT 52%, SETTING A BENCHMARK FOR GENDER DIVERSITY.



The fields of science, technology, engineering and mathematics (STEM) have traditionally been male-dominated sectors, but global consulting company Hatch have been working hard to attract and recruit women to drive diversity and inclusion in the arena with excellent

Their annual program saw 44 students, over 50% who were female, from New South Wales, Queensland, Western Australia and Victoria gain practical industry experience across a range of roles and industries in the STEM space, under the guidance of some of the sector's most revered experts.

Students like Gabrielle Clark, who was studying a double degree of Chemical Engineering and Business at the University of Newcastle where she heard about the program.

"PARTICIPATING IN THE PROGRAM WAS AN INVALUABLE EXPERIENCE. IT ALLOWED ME TO APPLY AND DEVELOP THE KNOWLEDGE AND TOOLS GAINED FROM UNI IN AN INDUSTRIAL SETTING. **DURING THE PROGRAM, MY FOCUS WAS** IN THE COAL INDUSTRY WORKING ON A FLOTATION CIRCUIT UPGRADE STUDY FOR A COAL HANDLING PREPARATION PLANT, AN OPPORTUNITY I WOULD **NEVER HAVE HAD WITHOUT THE** PROGRAM," GABRIELLE TOLD US.

Now Gabrielle is a graduate and has experience working in multiple teams and on projects and has seen firsthand why it is so important that we have a gender diversity.

"It is great that companies like Hatch are leading the way in promoting a diverse and gender balanced workforce as it provides diversity of thought and further encourages collaboration. I believe diversity provides greater

innovation and creativity which leads to better solutions for clients and our communities," Gabrielle said.

"I believe it is important to support young women interested in a career in the STEM field, providing them with opportunity to follow their passion. I would encourage any young ladies interested in exploring their interests in the STEM field to embrace all opportunities and experiences that may come their way. If you want to be in a rewarding, challenging industry and make a difference in our community, have a crack at engineering!" she added.

Its initiatives like this that have seen Hatch achieve WGEA's Employer of Choice for Gender Equality citation this year — a voluntary accreditation program that recognises organisations' active commitment to achieving gender equality in the workplace.



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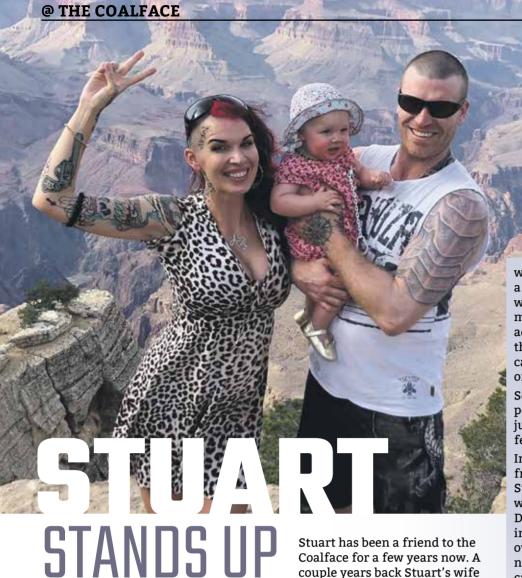
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THIS MONTH WE SAT DOWN
WITH LOCAL COAL MINER STUART
BONDS TO FIND OUT WHAT MAKES
A MINER DECIDE TO TRADE THE
HIVIS FOR A SUIT AND ENTER THE
POLITICAL ARENA.

Stuart has been a friend to the Coalface for a few years now. A couple years back Stuart's wife Sini shared her story of how she ended up with this Aussie miner in our story Miner Rescued by Love, a feel-good story of the unlikely match of an Aussie coal miner and Finnish pinup model. Then a year or so later we wrote a story called The Danger of Fire,

where Stuart shared his story about a severe burn injury he'd received while enjoying a backyard fire with his mates. The injury had Stuart fiercely advocating for people to be aware of the risks posed by backyard fires. You can find both of these heartfelt stories on our website.

So, when we arranged to have Stuart pop into our office for a chat, we were just expecting a casual sit down and few laughs with this easygoing bloke. Imagine our surprise when reporters from Channel Nine News chased Stuart to our door, bombarding him with questions. "Are you a misogynist? Do you hate gay people? Do you hate immigrants?" Each question was yelled over the top of the other, giving Stuart no time to respond. It's as far as you can get from the type of journalism we're used to here, but unfortunately, it's standard practice in todays media.

After we ushered Stuart into the office and shut out the screaming, it was clear that Stuart was unused to and a little unnerved about what it means to be in the political media spotlight and who could blame him.

BECAUSE THAT'S CLEARLY
WHAT SEPARATES STUART FROM
MANY OTHER CANDIDATES.
MOST CANDIDATES HAVE BEEN
GROOMED FOR POLITICS FROM
AN EARLY AGE, OR EVEN BORN
INTO IT. BUT FOR STUART COMING
INTO IN HIS 30'S, HE MADE THE
DECISION TO GET INTO POLITICS
FOR ONE SIMPLE REASON. THAT HE
STILL BELIEVES ONE PERSON CAN
MAKE A DIFFERENCE.

Originally from Sydney, Stuart's now proud to call Singleton his home. He first put down roots and bought a house when he was 20 and now lives on a farm on the outskirts of Singleton with his family. He's fallen in love with the community and the area and Singleton is where he plans on staying for good.

Stuart's always worked on the tools as a fitter in our industry, from building CAT's at WesTrac, braving it out on his own for a while, before finding his calling working at Hunter Valley mines where he still is today. You won't find many people prouder to work in our industry.

Though Stuart knows firsthand that there's more to our region than mining. He's also a proud farmer. Only just before heading into town for the interview he and his daughter Penny were out checking on their beef cattle on his farm.

Stuart would be the first person to say that he's living a pretty good life. He's got a job he loves and enjoys a great lifestyle on his farm



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aus\_sales\_marketing@kaltire.com (07) 3503 2722 Brisbane 0434318249 Dan Richter (Mobile) with a wife and daughter that he adores. Which brings us to the question of what made him decide to enter politics and run as One Nation's Hunter candidate and turn that life upside down.

"TRYING MY HAND AT POLITICS IS SOMETHING I'VE BEEN CONSIDERING FOR SOME TIME. BUT I WANTED TO GAIN MORE LIFE EXPERIENCE FIRST. BUT RECENTLY I REALISED I COULDN'T WAIT ANY LONGER. THE GREEN MOVEMENT IS WHAT PUSHED ME TO MAKE A MOVE RIGHT NOW. IT'S PUSHING FORWARD AND STARTING TO IMPACT ON OUR INDUSTRY MASSIVELY. SOMEONE NEEDS TO STEP UP AND GIVE **OUR INDUSTRY A VOICE," STUART TOLD US** PASSIONATELY.

"I believe the zero-carbon emissions target by 2050 is not only impractical but immoral. We take money made from mining projects and use it to fund the demise of the industry. I want to do my part to see more of our royalties come back our way and make sure our jobs are safe."

Last year Stuart travelled with his family to some of the most poverty-stricken places in the world and this cemented his belief that the current green movement is an anti-humane movement.

"I saw people living in the worst poverty imaginable and whose lives can be immensely improved just by burning coal. There are 1 billion people around the world without access to electricity but it's okay for people living lives of luxury here to make the decision for them that they can't burn coal."

The other reason why Stuart is prepared to put his life out in the public arena is he firmly believes that politics should be open to everyone. By showing that an everyday bloke can have a crack, he hopes to be a catalyst for change.

"The political system is designed so ordinary people won't run. It's becoming more and more for career politicians. People who have been groomed for it their whole lives and who are



prepared for it. I'm trying to bring normality back into the political arena. The system was built by people like farmers and miners and now we don't let them have a voice."

"ORDINARY PEOPLE WHO LIVE ORDINARY LIVES SHOULD STILL BE ABLE TO RUN AND NOT HAVE TO **WORRY THAT THEIR PAST IS GOING TO PREVENT** THAT. PEOPLE MAKE MISTAKES, SAY STUPID THINGS, WRITE STUPID THINGS, I KNOW I HAVE. THOSE MISTAKES SHOULD NOT CONDEMN YOU FOR THE REST OF YOUR LIFE.'

Stuart spoke about the whole generation of children growing up today with their lives on social media and every mistake they make being recorded forever. That if we set the standard that you can never do anything wrong or make an inappropriate joke, then we are condemning a whole generation of children to not being able to have any public discourse when they grow up.

"We are living in a PC world where it's crazy how censored we have become. You should be able to have an opinion. Right or wrong. People don't have to like it or agree with it but once you start controlling people's speech which it's just a manifestation of their thoughts, then you end up controlling the way they think. That is not a road we want to go down.'

Whether or not you agree with Stuart and his views, you've still got to give the guy some respect for having the courage to have a go. It can't be easy having your whole life splashed around in the media. Stuart has never before worried about saying the right thing, or if a joke he's made might be considered offensive. He's just been living a life without worrying about censoring himself like the rest of us. Just ask the Channel Nine News team who had plenty of fodder to scream at Stuart because of this. We had to ask Stuart if there was any truth to their accusations of him being a misogynist, anti-gay and against immigration.

"Well I was married to my Finnish immigrant wife by a gay celebrant. As for women's rights, I firmly believe that women are always right. Just ask my wife."



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# LAWMAN

STUART BARNETT IS OUR MINING INDUSTRY'S LEADING PERSONAL INJURY LAWYER. THIS MONTH HE HAS SOME IMPORTANT ADVICE IN RELATION TO INCOME PROTECTION INSURANCE.

In a recent article I talked about the importance of reviewing your will. It is equally important that you periodically review your insurances. Income Protection Insurance is a product that is now part of many superannuation policies or it can be a stand-alone policy that you have taken out at some stage. In the past, Income Protection Insurance was mainly taken out by self-employed people however it is now common for employed persons to have such a policy.

INCOME PROTECTION INSURANCE COVERS YOU FOR UP TO 75% OF YOUR REGULAR INCOME IN THE EVENT THAT YOU ARE UNABLE TO WORK DUE TO ACCIDENT OR ILLNESS. BENEFITS ARE USUALLY PAID ON A MONTHLY BASIS. LIKE ALL INSURANCE THERE IS A COST, CALLED A PREMIUM, WHICH IS PAID EITHER BY YOU TO THE INSURER DIRECT OR IS DEDUCTED FROM YOUR SUPERANNUATION FIND.

There are many factors that will affect the cost of Income Protection Insurance, these include, but are not limited to your occupation (dangerous or manual occupations will generally attract a higher premium), your age, your state of health and your monthly income (the more you are insuring the higher the costs). Another way of looking at it is, the higher the risk the higher the premium.

THERE ARE TOO MANY REASONS TO REVIEW A POLICY TO LIST THEM ALL HERE, ESSENTIALLY ANY CHANGE IN YOUR PERSONAL OR WORK CIRCUMSTANCES SHOULD TRIGGER A REVIEW.

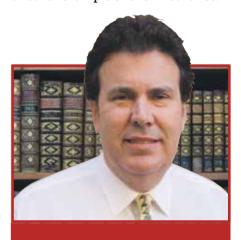
Prime examples include circumstances where you cease work other than through accident or illness or if your income increases or decreases. If you are not working an insurer will not pay income protection benefits if you fall ill even though you have been paying

premiums. Likewise, if your income reduces then the insurer will only pay you the insured percentage of your actual income not the amount you are insured for, this is sometimes called being over insured.

When considering whether Income Protection Insurance is right for you consider your financial commitments that must be met even when you are ill and the waiting period before benefits kick in. It is also important to consider that Income Protection Benefits will be reduced by other disability income that you might receive such as workers compensation benefits.

REVIEWING YOUR INCOME
PROTECTION INSURANCE IS
IMPORTANT, NOT ONLY TO MAKE
SURE THE PRODUCT MEETS YOUR
NEEDS BUT ALSO BECAUSE YOU
ARE PAYING FOR IT.

There is no point paying for a benefit that you are never going to receive. You also need to be careful not to accrue policies as you will only ever be able to claim on the one policy and/or your monthly benefits will be reduced by any other benefit you receive under another policy, another example of over insurance.



This is general advice and because your individual circumstances will vary, I recommend seeking out specific advice for your needs.

STUART BARNETT, SLATER & GORDON LAWYERS



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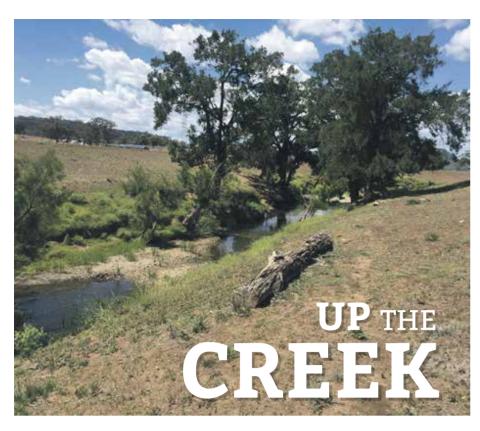
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GLENCORE HAVE AGAIN PARTNERED WITH HUNTER LOCAL LAND SERVICES, THIS TIME INVESTING \$450,000 OVER 3 YEARS TO THE HALLS CREEK CATCHMENT HEALTH IMPROVEMENT PROJECT.

Glencore first partnered with Hunter Local Land Services in 2011 when they invested a whopping \$1.5million over 3 years in the Wybong Catchment Health Improvement Program (CHIP).

Then between 2014 and 2015 the invested a further \$250,000 in the Glendonbrook Riparian Enhancement project to encourage landholders to implement farm practices to protect and rehabilitate riparian land.

In 2017, they helped develop and implement a Professional Wild Dog Controller (PWDC) Program with a further investment of \$150,000 over 4 years. The PWDC Program is being undertaken in the Singleton, Muswellbrook and Upper Hunter Local Government Areas.

NOW THEY HAVE COMMITTED TO THE HALLS CREEK CATCHMENT HEALTH IMPROVEMENT PROJECT WHICH WILL SEE HUNTER LOCAL LAND SERVICES AND GLENCORE WORKING WITH LANDHOLDERS IN THE UPPER HUNTER TO IMPROVE THE HEALTH OF HALLS CREEK AND ITS CATCHMENT.

Landholders will be supported to improve their land management practices through whole farm planning, extension activities, capacity building and funding for on ground projects.

The area included runs from the Liverpool Ranges to Sandy Hollow, encompassing Halls Creek and its tributaries. Hunter Local Land Services Project Officer Adam Bush said the catchment has been identified as a priority area.

"Under our Hunter River Management Plan, Halls Creek has been highlighted as an area for increasing woody vegetation to improve stream bed and bank stability," said Adam.

"This program will provide funding to address this key natural resource management issue, that will benefit the sustainability of local properties for landholders as well as increasing the area's biodiversity."

"We will also focus on increasing the resilience of native vegetation, increasing vegetation connectivity, reducing pest and weed invasion and improving pasture management across the catchment area."

THE PROGRAM WILL INCLUDE
TRAINING DAYS SUCH AS FARM
MAPPING AND DRONE OPERATION
SKILLS FOR PRODUCERS, THE
DEVELOPMENT OF LOCAL BEST
MANAGEMENT PRACTICE CASE
STUDIES, THE ESTABLISHMENT OF A
FOCUS GROUP TO BUILD CAPACITY
OF LOCAL LANDHOLDERS AND THE
FUNDING OF ON GROUND PROJECTS
THAT IMPROVE THE HEALTH OF THE

On-ground works will be delivered across priority areas of the Halls Creek catchment with a focus on projects that improve riparian and grazing management, soil health and large-scale biodiversity connectivity.

"Glencore is pleased to support Hunter Local Land Services as it implements a range of initiatives to help local landholders improve the health of Halls Creek and its catchment", said Craig Strudwick, Community Relations Manager for Glencore's coal business.

"Glencore puts significant effort into minimising our own environmental impacts on the land we mine, and we actively seek to support additional projects that can deliver important conservation work in the regions in which we operate."

INFORMATION ON THE INCENTIVES AVAILABLE CAN BE FOUND ON HUNTER LOCAL LAND SERVICES WEBSITE.

FOR MORE INFORMATION PLEASE CONTACT ADAM BUSH, HUNTER LOCAL LAND SERVICES PROJECT OFFICER ON 6540 2415.



'Silicon Valley' is globally famous as the centre of all things tech. With that in mind The Hunter Valley could well be known as 'Science Valley' if a few smart and relatively easy decisions were made. Our mining industry is well placed to help make that happen.

Imagine if every mine site in The Hunter allocated a portion of their offset and or buffer land for a CSIRO research facility. The CSIRO currently works in areas including;

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- Data61
- Energy
- Land and Water
- Mineral Resources
- Manufacturing
- Oceans and Atmosphere
- Health and Biosecurity

As you can see from the list above much of it aligns with what we already get up to around here.

So, the parallel idea here is to create a science hub on each site led by a CSIRO research facility.

Around each CSIRO facility, complementary private enterprise science facilities could be developed, and scientific collaboration and development could occur.

As a globally significant interconnected science region we would achieve much in terms of developing and attracting the brightest minds on the planet. Doing this would also attract billions in revenue to area and quite literally make a significant contribution to advancement of the

#### human race and the planet itself.

Major education industry expansion would be a natural side effect and within a relatively short period of time you would have full blown Universities popping up in Singleton, Muswellbrook and Cessnock to complement Newcastle

It's an idea that would feed itself and it's an idea that would transform who we are alongside a productive mining industry and thriving communities.

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# WHAT A LOAD

THROUGHOUT THE HISTORY OF COAL MINING THERE'S BEEN ONE MACHINE THAT'S ALWAYS CARRIED A HEAVY LOAD. THE HAUL TRUCK, WE TAKE A LOOK AT HAUL TRUCKS THROUGHOUT THE YEARS.



#### THE MINECART

From as far back as the 1500's, styles of the minecart existed. The simple cart was generally constructed of wood and metal and moved along fixed tracks. Seldom used today, they still remain one of the most identifiable and iconic mining vehicles.

#### **EUCLID MODEL 1Z**

In 1934, Euclid designed and built the Model 1Z truck, which is generally considered to be the first off-highway rear dump truck for mining. The heavyduty vehicle was fitted with a 100HP Waukesha gasoline engine and was just 6.4m long.



#### **CAT 797**

One of the most successful and recognisable

dump trucks ever developed, the Caterpillar 797 has been reincarnated multiple times. In 1997, Caterpillar began development on the 327t payload capacity haul truck. It was the first haul truck created by Cat using computer-aided design technology.



#### **LEIBHERR T284**

The Liebherr T284 mining truck is an advancement of the successful T282C and is the lightest ultraclass mining truck respective to its payload capacity. Weighing 600t it packs an impressive 363t payload capacity while offering reduced fuel consumption.



The Komastu 930-E was a progression from Komatsu's

830-E, which at the time in 1988 was the world's most

popular diesel electric 240t capacity truck. The same

high technology and manufacturing standards that

made the 830-E such a success would be used in the

930-E but instead of a DC electrical drive layout it was

the first hauler of its kind to use the AC drive system.

#### DART 75-TA

The Dart 75-TA was a 75t tandem drive rear dump truck that set a 1951 world record for haul-truck size when it was unveiled at the Bagdad Mine in Arizona. It was designed by truck builder Ralph Kress who was referred to as 'The Father of the Off-Highway Truck.'



#### **BELAZ 75710**

In 2013 the BelAZ 75710 took over the title as the world's largest and highest payload capacity haul truck weighing an incredible 496t. At 20.6 metres long, 8.16 metres high and 9.87 metres wide, this enormous truck was the first to be able to transport more than 450t.





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#### **COOPER HUTCHINSON - AGE 5**



What makes you happy? When I get surprises. What makes you angry? When I'm not playing footy.





INDI WYNN • AGE 6

What makes you happy? Chocolate and sleepovers with my best friends.

What makes you angry?

Kyra my sister.



#### JEDD SANDALL • AGE 5

What makes you happy? Power Rangers and cuddling Mummy.

What makes you angry? When Pip hits me on the bum like she always does, like she's doing now.





**SAVANNAH WOODWARD • AGE 6** 

What makes you happy? My mum and my sisters around me. What makes you angry?

My sisters calling me names.



ADDISON WOODWARD • AGE 8

What makes you happy? That I get to be with my family. What makes you angry? My sisters annoy me.



**SHARI WYNN • AGE 9** 

What makes you happy? Blacky my cat. What makes you angry? When Blacky runs away for



**EVIE JAQUES • AGE 10** 

What makes you happy? My family and playing AFL. What makes you angry? When the Knights lose and the refs make bad decisions.



**PIPPA SANDALL • AGE 5** 

What makes you happy? I love my Mummy and Daddy and Jedd and I love Hop the Movie and I love playing on the tramp and I love Easter.

What makes you angry? When Jedd pushes me and when Mum gets mad at me.









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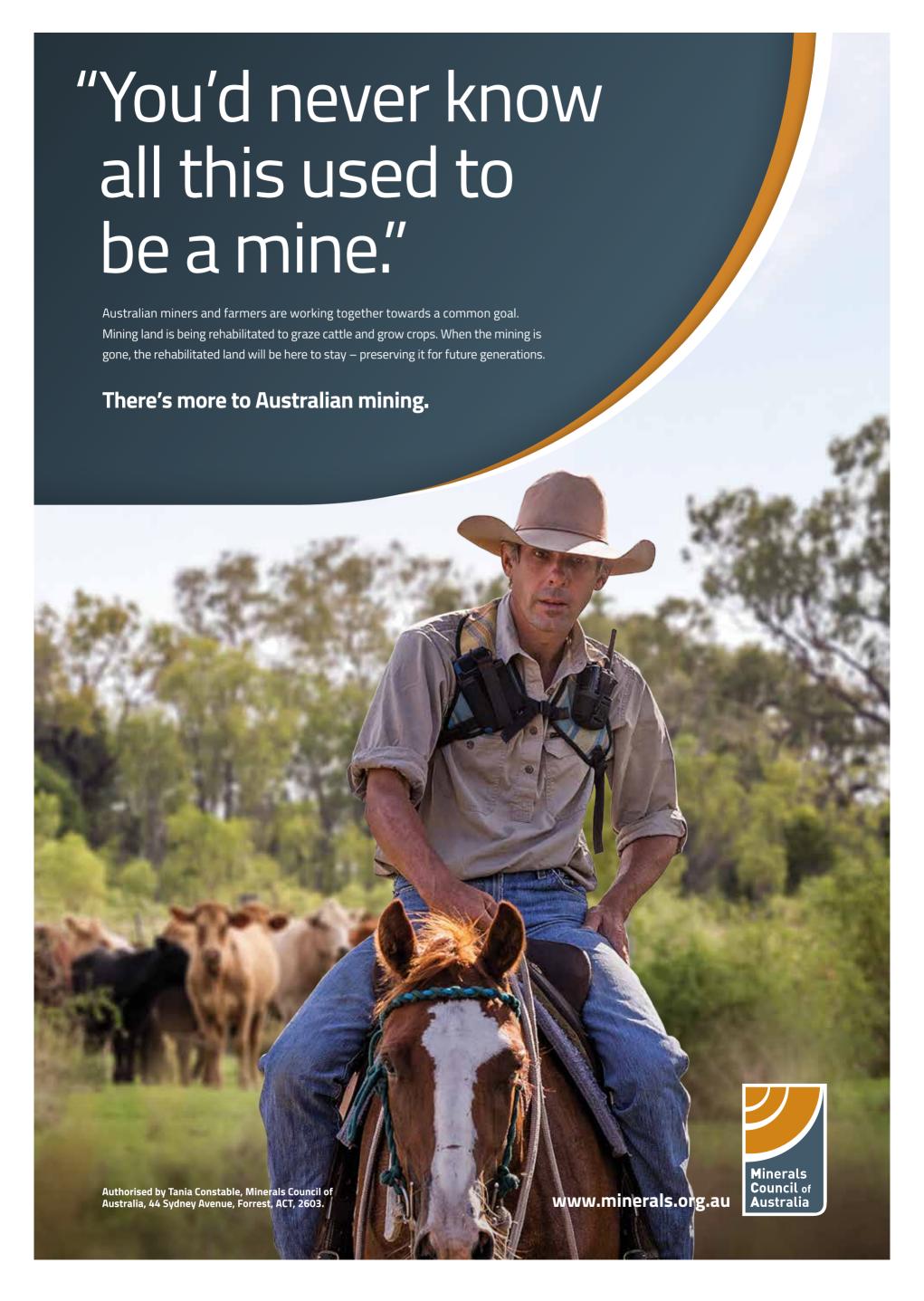


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#### Who are you and what do you do?

My name is Tyrone Smith and I'm on the pump and poly crew at Rav Nth.

#### Any nicknames good or bad?

I've been called "Tiggz" since I was 3-years-old. My Nan gave it to me because I used to be obsessed with Winnie the Poo character Tigger as a kid and as I got older it just got slanged out.

#### Where do you live and how long have you been in the Valley?

I currently live in Aberglasslyn. Prior to this I was in Newcastle but have lived in the Valley now for about 15 years.

### When did you start and whats the ride been like?

I started work at
Ravensworth in 2014,
the ride has been up
and down. I started
with a mob called
Resco, at the time I
was playing first grade
for Greta Branxton
who offered the job
so I took it. Reach had
folded after 6 months,

went to 2 other mobs and they had gone under as well so the job security was never great. I'm currently with Daracon and have been permanent for 2 years. Daracon is a great company, I'm well looked after, so I'm lucky in that regard.

#### What's a usual day at work entail?

Honestly like any job you have your big days and you have your slow days. Being on the pump crew is messy, muddy and physically demanding. The good thing about it is you are doing something different every day so it's not monotonous in a way and the variety of work is great.

#### How big is the crew?

At Daracon there is a crew of about 10-15 of us on site. But on the pump crew there is 4 of us and we alternate shifts, so I work with 1 other guy dibbed as the best Polywelder in the Hunter Valley, so I'm pretty lucky there.

### TYRONE SMITH

MINING MACHINE, DIGITAL ENTREPRENEUR AND FATHER TO TWO BEAUTIFUL CHILDREN, WHAT CAN'T THIS MAN DO?



What's the best thing about your job?

I know it's not all about money but the money is great. Money is an enabler and it enables me to set up bigger things for my kids and having a little extra income helps.

#### The worst thing?

I can't complain about my job as it's giving me the chance to better my life for myself and my kids. There's people out there who don't even have a job so I'm not going to give a reason on why I hate it. I'm just grateful I have one.

### What's a funny story about work that you can tell?

Good one is the private call and hang up I got a mate with. Gave him a private call on the two-way and at the end of the conversation asked him "what colour undies are you wearing?" I hung up and across the main channel he replied, "wouldn't you like to know big boy." Laughed at that one for a while.

#### How different is your job to what you wanted to be when you were a kid?

Oh, completely different, it always is. I think I wanted to be a police officer.

What would your mum say about you when you were a kid?

She was like any mum

- she was beautiful, I couldn't step a foot wrong. I think she would say I was a tormenting little kid to be honest.

#### Family?

Yes, I have two beautiful kids Kingston and Florence. I have a lot of family who live locally as well, 9 brothers and 2 sisters. Dad was a Trojan.

#### What do you do in your downtime?

In my downtime I own a business outside of this called @gcodedigital. It's a digital marketing agency that takes up a big chunk of my life. It's a passion of mine and I'm working on it to create a better future for myself. Also, my business partner and I are developing an app called The Grey Area which should be launched by the end of the year. It's a networking cross commercial application that keeps me busy as well. Follow us on Instagram @ gcodedigital and follow our journey, it would mean the world.

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# SUPPLIER INSIDER TYREDOCTOR

#### Who are you and what do you do?

My name is Harvey Hester, I'm responsible for the Tyre Repair division at TyreDoctor. We repair tyres for mining and heavy earthmoving operators across the eastern states.

#### Where did you start and how did you end up where you are now?

I started in tyre repair straight out of Year 12, working alongside my Dad to learn from his skills and experience. Dad started the business back in 1986 and he basically ran it on his own until us boys joined him in the early 2000's. We worked alongside him for a couple of years and then Tom moved across to run the sales side of things, while I stayed in repairs and continued to build on the expertise that we'd acquired over time.

#### Describe a typical day at 'The office'.

A typical day at 'the office' is spent overseeing our team of repair technicians in the repair factory and inspecting injuries in tyres that come into our yard from surface mines around the Hunter Valley, Ulan and Bowen Basin in QLD, and from hard rock underground mines in the Cobar region, the Central West and Broken

Every couple of weeks the ute becomes 'the office' for a day or two

on the road doing onsite inspections for some of our larger clients, particularly around preventative maintenance.

#### What is the big news in your part of the mining industry right now?

Preventative maintenance repairs are a growing thing and rightly so. When every tyre is worth so much and especially when there's a supplyside shortage like we're seeing at the moment - it's just simple logic to invest in preventative maintenance like you would for any other critical asset.

Leaving a tyre in service with what might appear to be a small or superficial sidewall injury and subsequently seeing that develop into a major injury or a failure is just a waste of resources.

Operating conditions are different on every site - even on large, wellmanaged sites that are virtually sideby-side we see significant differences in tyre life. But with good on-site tyre management and a preventative maintenance repair program there's no reason that the vast majority of mining tyres shouldn't reach the expected service hours.

#### How long have you been doing business and business in the Valley?

I've been here for 15 years. Over that time, we've developed a number of

our own techniques that build on standard methods for hot-vulcanised tyre repair. We take pride in our work and make it our business to run the cleanest and most professional OTR tyre repair workshop in Australia.

The work we do is specialised, it takes years of experience to get to this point, so keeping that expertise within the company and continuing to develop it is what gives us the edge. We're a family company but all the employees are equally valued - we work as a team, we're in it for the long haul and I think that really shows.

#### Community or other causes close to its heart and values?

We're big on giving back to the community, especially in the areas that our work comes from. So, we support a lot of smaller local initiatives like local sporting teams and golf days.

The team at the Westpac Rescue Helicopter Service in the Hunter region do a great job. We were a major sponsor of their Golf Day and the Miners Rugby Challenge last year and we're planning on being there again this year.

And we've just signed on as a partner of the Royal Flying Doctor Service, donating \$42,000 towards the purchase of three Intensive Care

### **'AVE A LAUGH**



PH 6571 1589

#### **NOW HIRING TORO MOWERS AND** HAND HELD EQUIPMENT

An Amish husband, wife and son travel to the city on holiday. They visit a shopping mall and while the mother is shopping, the father and son are standing in awe in front of an elevator (having no idea what it is).

As they watch, an elderly lady walks into the strange silver doors and the doors close. The father and son watch as the numbers go up, and then back down. When the doors open, a beautiful young woman walks

The father leans over and whispers to the son, "Son, go get your mother!"

Ventilators for use on aircraft flying out of the Broken Hill & Dubbo bases. The Flying Doctor is a critical service for rural and regional communities, and we felt that was a great way to make a meaningful contribution for the good of the communities where we work across NSW.

#### What's the best thing about your

Obviously, I'm pretty passionate about mining and industrial tyres and in this job I get to see plenty of challenges in that particular field.

But probably the best thing about this job is that being involved with the mining industry is always interesting. The scale of operations is fascinating, the industry does great things for the country and it's a critical pillar of the national economy.

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**COMPLETE PARTS IS A LOCAL POWERHOUSE OF SUCCESS BUILT THROUGH HARD WORK, A SMART VISION AND KEEN EYE** ON THE FUTURE, AND THE KIND OF YOUNG TALENT THAT WILL HELP GET THEM THERE.

I recently popped up to Complete Parts to chat with General Manager Craig Tanzer about the importance of the younger members of the crew, the type of people they look for, and their importance to the future of the company.

Complete are punching well above their weight when it comes to apprentices and training and they currently have eight people employed at various stages of their apprenticeship training. Internally the company is committed to giving the best industry training possible to complement seemed on top of the world. Tafe training.

IT'S NOT JUST ABOUT DELIVERING TALENT WITH SUPERIOR SKILLS, IT'S ALSO ABOUT TURNING OUT PEOPLE WITH AN EXCEPTIONAL ATTITUDE TO LIFE AS WELL AS THE JOB.

Craig told us, 'Skills competency is one thing and it's important, but the kind of people they grow into complements and enhances the quality of their eventual outcomes and path in life and obviously that can have positive effects on the company. Providing an environment to not only learn, but engage the employees positively on the journey is something we are very committed to."

I met four outstanding individuals on our visit and what struck me was the confidence and good nature they all had in abundance. You just don't see that or feel that when people are unhappy. Believe me these guys



We met Lachlan Mills (pictured with the long hair) who perfectly demonstrates these are young people heading in the right direction. He recently got the chop at the Royal Hotel raising money at the World's Greatest Shave and at the same time his intention growing it out was to donate it to Hair with Heart.

Then there was Blake Odell (left) an apprentice plant mechanic, "I'm really enjoying it. Everyone here is nice and friendly and open. Even the bosses are pretty good!" He said with a laugh.

Corey Hughes (centre) is otherwise known as 'Mullet Man' around the workshop and is clearly enjoying life almost too much as a first-year plant

mechanic. "The best thing about the job is spinning spanners and working on everything," he told us. Josh Miller (right) an apprentice plant mechanic put it simply, "I just love everything about it!"

CREATING A HEALTHY CULTURE **BOTH PHYSICALLY AND MENTALLY** IS CLEARLY WORKING.

Complete are even one third of the way through a twelve-week health challenge. Next time I visit these young guns I'll be sure to see if the old codgers up there are keeping up. A great business, a great team and a great example of the right approach.





We provide a range of support services to enable mining companies to focus on maximizing production.

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We aim to enhance sustainability of mining in the Hunter Valley.

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MRS Services Group Production Support provides a broad range of resources that directly support mining across every phase of the mining cycle

- > Wet and Dry Plant Hire > Industrial Services
  - → Mechanical → Automotive
- › Maintenance Support

# NO LIMITS

**CELEBRATING ITS 27TH YEAR, STAR** STRUCK WILL ONCE AGAIN TURN THE NEWCASTLE ENTERTAINMENT CENTRE INTO A SEA OF COLOUR, MOVEMENT AND MUSIC WHEN THE **CURTAIN GOES UP ON THE 2019** PERFORMANCE NEXT MONTH.

Star Struck is a NSW Department of Education annual performing arts event showcasing dance, drama and music. More than 3500 students from over 110 schools across the Hunter and Central Coast will come together to perform four concerts on June 14 and 15.

Past Star Struck graduates have included Australian music icon John Foreman OAM, country music diva Catherine Britt, singer and songwriter Morgan Evans, and Broadway theatre performers David Harris and Jye Frasca.

WITH MANY SUCCESSFUL CAREERS BEING FORGED BY STAR STRUCK. THIS YEAR'S THEME OF "NO LIMITS" SEEMS PARTICULARLY APPROPRIATE.

Bringing it all together, according to Star Struck's Operations Manager, Casey Horner, is a Herculean task that spans 12 months and occupies the thoughts and energies of a production team, made up of teachers.

It involves coordinating and choreographing more than 45 items across 13 separate segments, rehearsals for over 130 featured artists, and on top of that overseeing production of costumes and creation of props.

"Since October last year when our core creative team came up with No Limits as this year's theme, it's really been full steam ahead," Casey explained.

"We've been bringing together all the creative and logistic elements of the show in time for rehearsals and, of course, the much-anticipated show itself."

AS ONE OF THE LARGEST PERFORMANCE EVENTS IN THE REGION, STAR STRUCK ENJOYS IMMENSE LOCAL SUPPORT FROM THE CORPORATE AND BUSINESS SECTORS, MEDIA AND THE COMMUNITY. AT THE TOP OF THE CORPORATE SUPPORT BILL IS GLENCORE, THE EVENT'S PRINCIPAL SPONSOR.

Glencore's Community Relations Manager, Craig Strudwick, said the company had been involved in the production for 14 years but moved into the principal sponsor's role eight years ago.

"There was genuine concern in 2011 that Star Struck may not have been able to continue after losing its principal sponsor. When we heard about that, we decided to take on the commitment and we've been there ever since," Craig said.

in something that is such a positive experience for the kids, their schools and their communities. And we're very pleased to have been able to take our current agreement through to 2020, which will see our total investment in these young stars go beyond \$1 million."

"We're delighted to remain involved

HTTPS://NEC.NET.AU/EVENT/STAR-STRUCK-2019



# 

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### **YANCOAL** PARTNERS UP

YANCOAL EXTENDS PARTNERSHIP WITH WESTPAC RESCUE HELICOPTER SERVICE WITH A THREE-YEAR AGREEMENT TO SUPPORT THE

VITAL EMERGENCY SERVICE.

In 2017 Yancoal purchased Hunter Valley mines from Rio Tinto (Coal & Allied) who had held a long-standing partnership with the Service for in excess of 15 years. Yancoal has agreed to extend this partnership and to increase its financial commitment in support of the

Yancoal's logo will sit proudly on both sides of the four (4) AW139 Westpac Rescue Helicopters and will be represented throughout the corporate stationary and official website of the Service. Other prominent sponsors include NSW Mining, Glencore, BHP Billiton, CFMEU, Caltex, Coal Services and NBN News.

CHIEF EXECUTIVE OFFICER OF THE WESTPAC RESCUE HELICOPTER, RICHARD JONES OAM SAYS THE SERVICE IS EXTREMELY GRATEFUL FOR THE EXTENSION OF THE PARTNERSHIP.

"The Service regularly responds to a diverse range of missions throughout Northern NSW and this would not be possible without the continued support from generous corporate partners such as Yancoal and their employees."

"The partnership with Yancoal will make a significant impact on the Westpac Rescue Helicopter, ensuring that

> the Service is ready to respond 24 hours per day, 7 days per week," Mr Jones said.

Yancoal Australia Chief Executive Officer Reinhold Schmidt celebrated the partnership with the Westpac Rescue Helicopter Service.

"We consider it a privilege to operate in the Hunter Valley and this donation reflects our desire to give back to the communities who create such a terrific environment to live, work and play. The Westpac Rescue Helicopter Service plays a critical role in providing safety and support to locals in need and we are very proud to support this great service," Mr Schmidt said.

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THE POKOLBIN REDS RUGBY UNION CLUB ARE HOSTING A CHARITY LADIES DAY ON JUNE 15 TO RAISE MONEY FOR THE MCGRATH FOUNDATION.

The Ladies Day will be held at the club's home ground at St Phillips, Nulkaba where the Reds will be playing the Muswellbrook Heelers in what is guaranteed to be a day of family fun and great rugby action. Club Representative, Josh Wallace said the day was all about

encouraging people to come along and help raise money for a great charity.

"We have had pink jerseys made for the entire team which have been sponsored by local businesses and people and we will be unveiling them on the day. The money raised from the jerseys, plus money we raise from raffles and food and drink sales on the day will all go towards the McGrath Foundation. We are hoping to raise \$5000 and with the support of the local community I know we can do it," Josh said.

"We would love to see a big turnout on the day, and everyone is welcome to attend. There will be some bubbly and nibblies for the ladies in attendance and some champagne rugby for all," he added.

SO, GET DOWN TO LADIES DAY ON JUNE 15 TO HELP THE CLUB RAISE MONEY FOR A GREAT CAUSE, AND RAISE A GLASS OF BUBBLY WHILE YOU'RE AT IT!



#### **COMMUNITY** GIFT

THIS MONTH THE COMPLETE PARTS AND ® THE COALFACE \$500 COMMUNITY GIFT IS GOING TO THE TREATMENT OF A BEAUTIFUL YOUNG MAN, THE COURAGEOUS JOHEY.

#### **JUMP FOR JOHEY!**

Bright and fun-loving 13-year-old Johey Basedow was diagnosed with DSRCT, an aggressive childhood cancer last Christmas Eve. Being a rare disease, treatment is aggressive and relapse is common. The documented prognosis for such an illness is shocking.

But there is hope! New treatments are being developed with hopes of



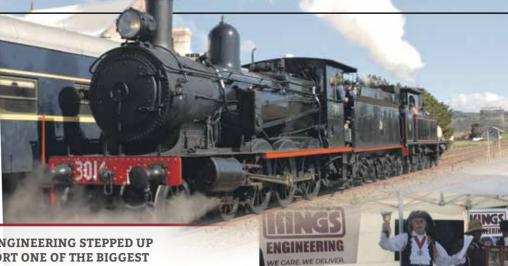
a cure and the beautiful community has come together in support. His parents and his medical team are determined to try everything to fight and win this monumental battle.

Show your support for this beautiful boy and his family, donate today.

WWW.GOFUNDME.COM/JOHEY039S-BATTLE-FOR-A-CURE-DSRCT







## KINGS

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Around 50,000 people flocked to this year's Steamfest to celebrate Maitland's rich steam and industrial heritage. Kings Engineering, with its proud history of providing engineering solutions across a range

of industries including mining and rail, was again a proud sponsor.

Kings Engineering had a great presence on the Rally Ground on April 13-14, with crowds stopping by to look at the Kings machinery display and enjoy some popcorn.

Established in 1986, Steamfest honours the end of an industrial era following the closure of the last coal operated steam hauled freight service in Australia on the South Maitland Railway Line

At the heart and soul of Steamfest was its impressive assembly of steam trains. In 2019, Locomotive **3526** and **3265** were featured at the event alongside a **Red Rattler** and **Tin** 

PEOPLE GOT TO SEE HOW THINGS WERE DONE IN DAYS GONE BY AT THE INTERACTIVE RALLY GROUND DISPLAY FEATURING A VAST ARRAY OF ANTIQUE MACHINERY FROM ALL OVER AUSTRALIA INCLUDING TRACTION AND PORTABLE ENGINES.

The annual Show 'n' Shine was an impressive showcase of motoring history, bringing Maitland Park to life with over 400 classic cars, food stalls, live rock 'n' roll entertainment and fun for the whole family.

With this year done and dusted It's time for King's to start planning for Steamfest 2020. Put it in your diary for April next year!

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RECORD BREAKING RIDERS



With a new start and finish location at the grounds of the Richmond Vale Railway Museum, and a new course through the surrounding land of the Mindaribba Aboriginal Land Council, the 5th anniversary instalment of the Kurri Coalface Pedal Charity mountain bike ride did not disappoint.

The record-breaking number of riders, just shy of 500, were treated to perfect sunny conditions as they competed across the exciting and testing terrain in the 10, 20, 40 and 60 kilometre distance courses.

THE COMPETITIVENESS OF CORPORATE TEAMS WAS TESTED OVER THE 60KM COURSE WITH THE PORT WARATAH COAL SERVICES TEAM TAKING OUT THE CONVERTED QUARRY MINING CORPORATE TEAMS CHALLENGE TITLE IN THEIR DEBUT AT THE EVENT. THEY WERE CLOSELY FOLLOWED BY YANCOAL ABEL MINE AND THE PORT WARATAH COAL SERVICES TEAM NO.2.



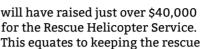
In the Schools Challenge the Muswellbrook South Public School were crowned champions of the Cougar Mining Primary Schools Challenge, closely followed by two of the Hunter Christian School entries.

Then in the Cougar Mining High Schools Challenge the Hunter Christian School dominated, taking out a clean sweep of the pole positions over the 20km distance and doing so in a comfortable fashion.

Whilst success of the event rests heavily on riders participating, a considerable amount of success lies with the support from sponsors and volunteers. This year the Australian Hotels Association – Newcastle Hunter Sub Branch came on board as the major sponsor along with presenting sponsors Quarry Mining, Orica, Austar Coal Mine, Ampcontrol, Pacific National, MACH Energy Mount Pleasant Operations, Bolt Up Mining, Westrac and Loxford Fabrications.

The Kurri Coalface is a partnership between the Westpac Rescue Helicopter Service, the Kurri Mongrels Mountain Bike Club and the Rotary Club of Kurri Kurri with all the volunteers going above and beyond to make the day a great success.

With the final count still to be tallied, it's estimated that this year's event



helicopter in the sky of the Hunter region for 8 hours saving lives. A brilliant job by all involved!.





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**BILLIONS OF DOLLARS ARE SPENT EVERY YEAR ON THE** LATEST HEALTH FADS BUT THE SINGLE BEST THING YOU CAN DO FOR YOUR HEALTH WILL COST YOU NOTHING AND REQUIRES ABSOLUTELY NO EFFORT. SLEEP.

More and more our society is demonising sleep. Sleeping is equated with laziness or weakness instead of being recognised as a vital and important requirement of a healthy life. People who would be horrified if they missed their gym session or forgot to take their vitamins will boast about how little sleep they've had. This is a way of thinking that needs to be put to

Sleep is a nonnegotiable biological necessity. We should all aim to have between 7 and 9 hours sleep every single night.

Lack of sleep harms you. It not only literally makes your body hurt more, it makes you cranky, forgetful and unable to learn new things. Not to mention that every major disease you are at risk of has been linked to not getting enough sleep. And if that's not enough to make you jump in your pjs, here's plenty more reasons why.

Several studies have linked insufficient sleep and weight gain. People who habitually sleep less than 6 hours per night are much more likely to have a higher than average BMI, while people who sleep 8 hours have the lowest BMI. This is because during sleep our bodies secrete hormones that help to control appetite, energy metabolism and glucose processing.

#### **MENTAL HEALTH**

Chronic sleep issues have been correlated with depression, anxiety, and mental distress. There's a reason why sleep deprivation is an effective torture method; it attacks the biological functions of a person's mental health.

#### **CANCER**

People who sleep less than 6 hours per night have a 40% increased risk of cancer compared to people who get more than 7 hours. A study involving mice that did not get sufficient sleep had tumours twice as large as their counterparts who received enough sleep.

If you don't get enough sleep, toxins can build up in your brain that are associated with Alzheimer's. There's also research showing that if you treat sleep disorders in older adults you see a delay in the onset of Alzheimer's by years.

#### PREMATURE AGING

Not enough sleep disrupts the creation of sex hormones like estrogen and testosterone which can lead to premature aging. It also impacts skin function and decreases the skin's ability to repair itself.

#### **DIABETES**

Insufficient sleep may lead to type 2 diabetes by influencing the way the body processes glucose. One experiment that restricted the sleep of healthy people to 4 hours per night showed that in one week their blood sugar levels looked like they were prediabetic.

#### **HEART DISEASE**

One major study that tracked over half a million people showed that those who got less than 6 hours sleep had a 45% increased risk of developing or dying from heart disease. Even minor periods of inadequate sleep can cause an elevation in blood pressure which can lead to cardiovascular disease and stroke.

#### **IMMUNE FUNCTION**

Lack of sleep will increase your risk of getting sick when exposed to a virus. When you do have an infection, people who sleep more are better able to fight that infection than those who slept less.

#### LIFE EXPECTANCY

Considering all these health risks associated with insufficient sleep, it's not surprising that poor sleep will lower life expectancy. Sleeping less than 5 hours per night has been shown to increase mortality risk from all causes by roughly 15%.



#### **SMALL BALLS**

And if that's not enough to make you hit the sack early tonight, one study showed that men who only sleep 5 hours a night have markedly smaller testicles than men who sleep more than 7.



IN THE MINING INDUSTRY WE SEE TOO MANY EYE INJURIES, SO IT'S TIME WE OPENED OUR EYES TO THE DANGERS.

Although the number of workers compensations eye injury claims has been dropping over the last decade, unfortunately both underground and open-cut miners are still a large proportion of those claims.

The most common type of injury is that of a foreign body in the eye and you're most likely to get hurt by being hit by a moving object, but there are still many other risks around the workplace that everyone should be aware of.

Flying particles, dust, equipment accidents, chemical hazards, infectious materials, eye strain, fumes and UV exposure are some of the risks, plus we all know catching a glimpse of your workmate picking up the soap in the bathhouse can lead to temporary blindness.

Every workplace has different standards and practices in place for minimising risk, but regardless of where you work you should always follow these simple rules.

#### **EYEWEAR IS ESSENTIAL**

Top of the list is using the best protective eyewear available. Good eyewear will be adjustable and preferably customised. Regularly check for any damage such as cracks, breaks, and loose frames. Keep lenses clean and always use the right glasses for the job.

#### **CHECK YOUR VISION**

Uncorrected vision problems will lead to more accidents in the workplace. If your work doesn't provide regular vision testing, then get yourself tested. If you do have impaired vision always wear your glasses and contact lenses, though keep in mind that these do not provide protection. You still must wear appropriate eyewear.

#### **FIRST AID PROCEDURES**

There's no excuse for not being prepared if an eye injury occurs so first aid procedures are vitally important. Have eyewash products that are easy to use and access and at all high-risk workplaces make sure workers are trained in basic first aid.



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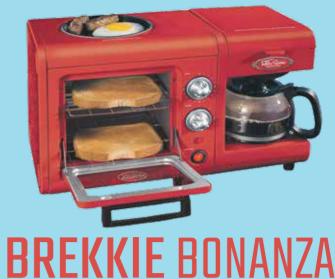


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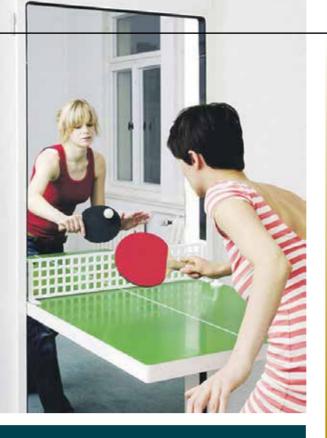
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#### **Stuart Barnett**

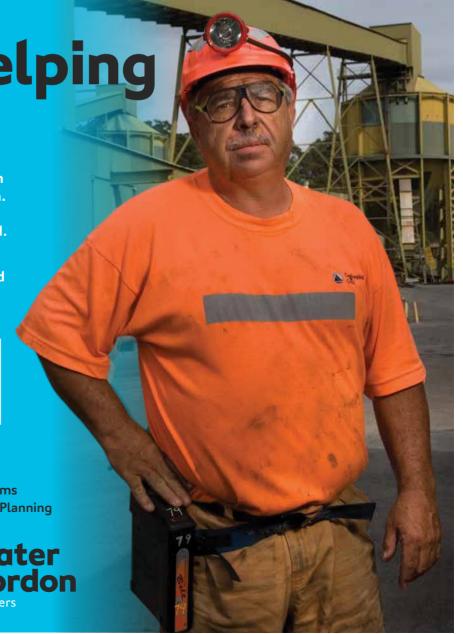
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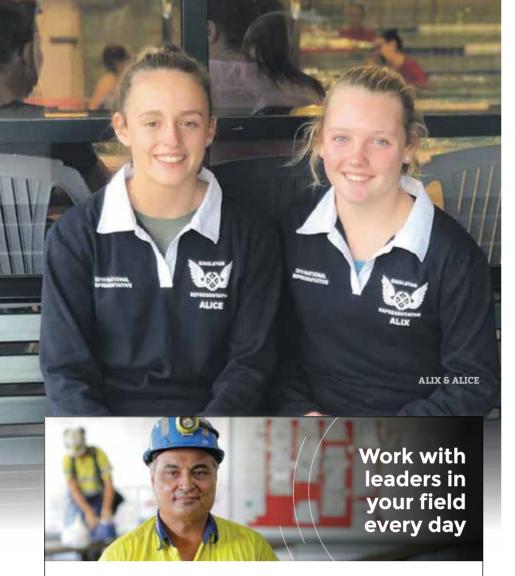
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## THEA TEAM

AT JUST 13 YEARS OF AGE, ATHLETES ALIX O'BRYAN AND ALICE SMALL ARE ALREADY TURNING HEADS IN THE POOL.

Local girls Alix and Alice have swum their way to National level competition, diving head first into the Hancock Prospecting Australian Age Swimming Championships held in April.

The dream team came home smiling with Alix achieving personal bests in both her races and improving her rank in the 200m Individual Medley and Alice improving her rank in the 100 and 200m Breaststroke.

"It was a great feeling to compete because others who have been swimming longer than us didn't even qualify," Alice said.

Proudly representing the Singleton Amateur Swimming Club, the girls hard work during training sessions has really started to pay off, training 5-6 times a week for 2 hours at a time.

WHEN ASKED IF TRAINING WAS HARD, BOTH GIRLS STARTED TO GIGGLE. "IT'S GOOD TO HAVE **MIRRORED GOGGLES IN CASE YOU ACTUALLY NEED TO CRY," ALIX** JOKED, "IT GETS HARD, BUT YOU'VE GOT TO PUT IN THE WORK."

The promising teens starting swimming almost from birth and have since developed a competitive passion and determination for the pool. "I love the thrill of racing, looking up at the board and seeing a good time and impressing my coach," said Alix.

"I'm really competitive and always want to beat or impress my older brother because he's awesome, not doing personal bests is definitely the worst part of swimming," Alice added.

Both girls are eager to participate in future competitions as they continue to compete with hunger and enthusiasm and train at their loved small-town club.

Travelling a whopping 45 minutes to each training session from her hometown in Muswellbrook, Alice said it's worth each drive, adding

"It's nice being part of a small club, it's like a second family, you get more one on one time with the coach."

#### "YOU GET MORE QUALITY TIME WITH THE COACH YELLING AT YOU," CHUCKLED ALIX.

At only 13, the girls are already set on a career in or around the water. The young women want to keep swimming competitively throughout school to try and make it to top level. The young guns have even started planning their futures past their competitive career.

"I'd become something to do with swimming, I'd love to do physiotherapy and travel with the Australian swimming team or even a polo or diving team, as long as it's got to do with the water," Alix said.

"I wouldn't mind being a learn to swim teacher," added Alice.

One thing is clear, Alix and Alice have a flood of support from their friends, family and club behind them to help them be their best.

This is just the beginning of a long career in the water for these passionate swimmers. Look out Olympics, the A Team is coming.





PH 6545 3033

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## GAME ON!

THE 2019 SEASON GOT OFF TO A CRACKING START IN ROUND 1 OF THE GROUP 21 BENGALLA GROUP COMPETITION WITH DEFENDING PREMIERS THE SCONE THOROUGHBREDS TAKING ON THE ABERDEEN TIGERS AND THE SINGLETON GREYHOUNDS AND DENMAN DEVILS GOING HEAD TO HEAD.

In the match up we've all been waiting for since last year's Grand Final, it was a very tough slug out in the opening half of the Round 1 game with all the cobwebs on display you would expect in the first round.

The first half ended with Scone going to the sheds 4-0 with the scene set for a blockbusting finish to the second half. After the return to the field, Scone Junior and the NRL hardened Adam Clydesdale in his return match for the club, moved from the five eight role to his highly experienced hooker role and provided a barnstorming performance.

This move by coach Aaron Watts was a touch of class and paid off dividends with Scone taking out their first match 28-8.

It wasn't through lack of trying for the Tigers though, there were plenty of great individual performances throughout the whole game. Watching these two sides perform with such fluent execution in their plays made for an outstanding game. With this great start you'll want to make sure you head to the next game early to get a good seat!

IN THE SECOND MATCH OF THE ROUND, IT WAS A PACKED OUT PIRTEK PARK IN SINGLETON TO WITNESS THE NEW LOOK SINGLETON AND DENMAN SIDES GO HEAD TO HEAD. IT WAS ALSO THE GROUP 21 FANS FIRST OPPORTUNITY FOR A GLIMPSE OF FORMER NRL PLAYER FRANK PAUL NU'ASALA, WHO RIGHT FROM THE OPENING MINUTES DID NOT DISAPPOINT.

With the Singleton backline that we so heavily praised last year needing that extra go forward upfront to set the platform, the Greyhounds have certainly recruited well and full credit to Jye Bailey.



# ADAM: FORMER NRL PLAYER ADAM CLYDESDALE IN ACTION IN HIS RETURN MATCH FOR HIS JUNIOR CLUB

With Adam Grech debuting his Devils captain coach role it was anticipated to see how the squad selection would lay out. With numerous players following him from Muswellbrook and some talent from last year still remaining, it was an issue of gelling together and positional selection that will be at the forefront of his mind moving forward.

The end result saw Singleton take out this one 26-16 but similar to the first match, once the cobwebs are blown out both sides have the players to take them to the big dance.

#### RESERVE GRADE

Merriwa defeated Murrurundi 40 to 10

Aberdeen defeated Muswellbrook
24 to 6

Scone defeated Greta Branxton 38 to 16

Singleton defeated Denman 30 to 22 ONE THING THAT'S FOR SURE IS WE ARE GOING TO SEE SOME FANTASTIC FOOTY THIS YEAR FROM

With the controversial withdrawal of

ALL THE TEAMS.

Muswellbrook from the First Grade competition the draw is being redone so we will post the coming rounds on Facebook once they are locked in.

We are also calling to arms for

#### LADIES LEAGUE TAG

Merriwa defeated Murrurundi 40 to 10

Muswellbrook defeated Aberdeen 24 to 4

**Singleton** defeated Denman **50 to 8** 

#### **UNDER 18'S**

Aberdeen defeated Muswellbrook **34 to 10** 

Singleton defeated Denman 28 to 12



all people to get involved in any way shape or form to ensure that we sustain this wonderful local competition. Get in touch with your local club today and see how you can be a part.

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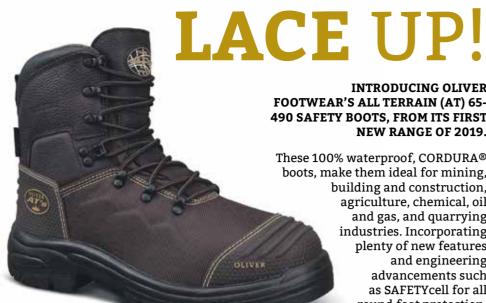
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Equipped with new features including load-sensing hydraulics, high horsepower reverse function and a bunch of in-cab technologies, this revised machine will be delivering more to customers.

Music to the ears for all Hunter Valley miners with a penchant for yellow, especially when one considers claimed fuel efficiency gains of circa eight percent as well as increased productivity of between four to eight percent.

ENGINEERED TO BE REBUILT MULTIPLE TIMES, THIS NEW GUY COMPRISES A NUMBER OF REDESIGNED STRUCTURES LEADING TO INCREASED RELIABILITY AND DURABILITY AT HIGH UTILISATION.

Fitted with a larger equalizer bar with improved bearing design, replaceable bearings on the ripper and blade pin boreholes as well as new push arm trunnion bearing inserts, Caterpillar continues to display a desire to extend component life as well as improve the ease and time efficiency associated with component changeouts and part replacement.

In what will be a boon for Aussie miners, it now also sports a larger oil sump with increased capacity of 30%, extending maintenance intervals to an estimated 500 hours. Well known to local miners,

COMPONENTSONLY



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FOR AN IN DEPTH LOOK UNDER THE BONNET, GO TO WWW.CAT.COM/D11, OR SPEAK WITH ONE OF YOUR WESTRAC REPS.

it continues with its tried C32 powerplant, offering a choice of emissions solutions to meet regional requirements including the less onerous Tier 2 equivalent for countries outside North America and Europe i.e. us.

Now a standard feature, the cabin door can also be mounted for either left or right-side opening improving access to the operator compartment.

NOT UNLIKE THE ADVANCEMENTS SEEN ACROSS MANY INDUSTRIES TODAY, THIS MACHINE IS PACKED WITH ALL THE BELLS AND WHISTLES TOO EXTENSIVE TO CONTEMPLATE IN THIS ARTICLE.

Major innovations include
AutoCarry™ that automatically
changes the blade position to
keep track slip at a minimum
when pushing a load as well as
optional Auto Ripper Control that
reduces operator fatigue and
further decreases machine wear
by monitoring and automatically
adjusting engine speed and ripper
depth to minimize track slip.

Albeit commercially available in the second quarter of 2019, the new D11 is sure to have an order list with lead time to boot.

THANKS TO COMPONENTS ONLY, OUR HEAVY EQUIPMENT EXPERTS



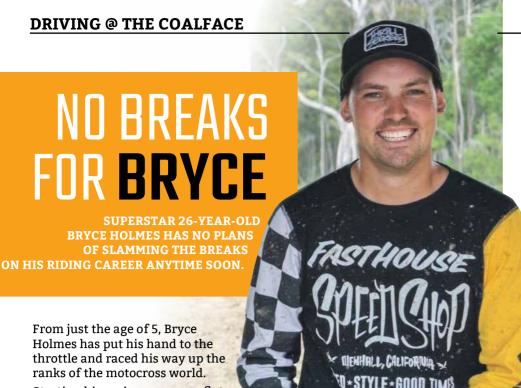




## It takes lots of people in lots of local jobs to keep our NSW mines working.

They're working in interesting and high-skilled jobs from chemical engineers, drone pilots and software developers to lab technicians, environmental scientists and train operators.

- 40,000 mining jobs across NSW
- \$2 billion in annual royalty taxes for essential services like nurses, teachers and police
- **\$2.6 billion** spent in 2017/18 with **4,168** local businesses in the Hunter region



WHEN LIFE HAS GIVEN BRYCE

SOME INJURIES AND SETBACKS THROUGHOUT HIS CAREER.

"At the moment, I have an injured

knee which hasn't stopped me or

kept me off the bike, but I have had

to go and invest in some new knee braces and change up my riding style

Even as a youngster Bryce couldn't

in the pits before the race had even

reach the ground and would fall over

started, but this was no match for the

passionate rider always overcoming

Riding has become a lifestyle for

to prevent any further injuries,

Bryce added.

and adapting.

**BUMPS HE HAS DECIDED TO** 

JUMP THEM, EXPERIENCING

Starting his racing career on flat track, on to Enduro and C Grade, then hitting the peak of his racing career at pro level, Bryce now wants to make a name for himself in the Freestyle Motocross arena.

"I FOUND MYSELF LOVING THE EXHILARATION OF THE JUMPS, SO I FOUND MYSELF SEARCHING OUT THE BIGGEST JUMPS I CAN FIND AND HERE I AM A FREE RIDER," BRYCE

"I am looking into some comps in the Freestyle competitions area and would like to compete in Best Whip and try my hand at Quarter Pipe."

Bryce exudes passion and commitment to continue riding and challenging himself as an athlete adding, "I'd like to return to America to advance my skills and push my limits."

Bryce following him throughout his career, work and even his spare time. When he's not working his day job as an operator at The Island Action Sports Complex, he's out Freeriding using it as an escape from the real world.

"I DON'T CARE IF I AM FASTER
OR BETTER THAN SOMEONE,
I'D RATHER JUST GO OUT AND
HAVE FUN AND DO WHAT I
WANT TO DO, IT'S MY WAY TO
EXPRESS MYSELF AND GET
AWAY FROM EVERYDAY LIFE,"
BRYCE ADDED.

Bryce has big plans for 2019, continuing his love for riding by pursuing his Freeriding interests and recently launching his own casual clothing brand Fifteen %.



Many sponsors have provided support along the way with Bryce mentioning, Marx Foster Tyres and Mechanical, Whiskey Throttle Industries, Thrill Seekers Collection, Maitland Motorcycles, Anonymous Gloves, Brags Design, The Struggle and Blitzed images.

The family man also expressed his appreciation for his dedicated parents adding, "I'd like to thank mum and dad for everything they have done for me and my career."

#### 'AVE A LAUGH WITH



PH 6545 1066

#### **NOW STOCKING HONDA MOTORCYCLES**

Noticing a mistake in St. Peter's roster, God calls Satan; "It seems you accidentally received some of my people down there.

"Yeah," Satan replies. "All the more for me!"

God replies, "You better send them up here immediately."

Satan says, "No way. I'm keeping them."

God says, "Send them up here, or I'll sue the horns right off you." Satan laughs uproariously, "Yeah, right. And just where are YOU going to get a lawyer?

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APRIL LIVED UP TO THE
STANDARD AS THE BEST MONTH
OF THE YEAR TO WET A LINE AS
WE ENJOYED A DECENT RUN OF
MARLIN (FINALLY!) AND SOME
PRETTY CRAZY NUMBERS OF
LONGTAIL TUNA OFF THE PORT
STEPHENS COAST. AS WE MOVE
INTO MAY IT SHOULD CONTINUE
TO BE MUCH OF THE SAME.

#### **OFFSHORE**

Things will start to switch over throughout May with better numbers of Snapper showing up along the coast as the water starts to cool down. Big Green Eye Squid have also started to show up in good numbers. It would be well worth sending one out live while targeting them as a big King wouldn't be far away while the water temps hold above twenty degrees.



#### BEN RECENTLY TRAVELED UP TO HARRINGTON FOR A FISH.

While jigging for livies at the bait grounds they dropped a couple of lines to the bottom thinking a Snapper or flattie may be on the cards. Next minute the rods bent over and it's on. With 20lb line and leader in 13mtrs of water they ended up with three Jewies to 15kg.

#### WHAT A CRACKING EFFORT!

On the Kings, hopefully the current on the shelf backs off a bit this month and we can access the deeper water Kings and other taste's out around the Farm and Allmark. It will still be worth pulling a few skirts out wide for a late season Marlin especially if the warm water temps on the shelf continue to hang around.

#### **BEACHES/ROCKS**

Fishing from the rocks or beaches will be the pick of the places to fish this month as it all starts to fire. With everything on the move Taylor, Bream, Salmon and Jewies will be on offer along the beaches.

From the rocks we can expect to see Bream Taylor and good numbers of Drummer showing up around the washes as well.

#### INSIDE

Lake Mac is fishing well with plenty of Fatties, Jew and Bream on the move. We find the top half of the lake fishing soft vibes and plastics very productive as the water starts to cool for the winter.

Inside the Bay it's going to be all about Long Tail Tuna through out May with Bream and Blackfish starting to take up residence around the manmade structures. Plenty of nice Jew have also been caught up in the top half of the bay in the deeper water and around the Corlette wreck.

KEEP FLOATIN' - THRIFTY'S

SEND US A PIC OF YOUR YOUNG GUN TO WIN A \$50 BCF VOUCHER IF IT GETS PUBLISHED!





#### **Shotfirer**

Open Cut Mine Mangoola Coal Ref. No. KF0854

Mangoola Coal are seeking applications for a Full-Time position as a Shotfirer. Mangoola Coal is one of Glencore's leading open cut mining operations located in the Upper Hunter, Muswellbrook.

The ideal applicant would need to be a key member of the drill and blast team responsible for ensuring safe and efficient blasting practices at Mangoola Coal. Your role will involve the loading and firing of blast holes while monitoring compliance with site procedures, environmental and government regulations.

To be considered you must hold a NSW Shotfirer's Licence and have previous shotfiring experience in an open cut coal mine. Your strengths include a proactive attitude to safety, a strong work ethic and leadership ability. Working with the highly motivated drill and blast team, flexibility and excellent teamwork and communication skills will be essential for your success in this role.

#### For further information please contact:

Tim Haig, Site Services Superintendent on 0400 653 241

#### **Applications Close:**

Sunday, 9 June 2019

#### Apply now at www.glencore.com/careers

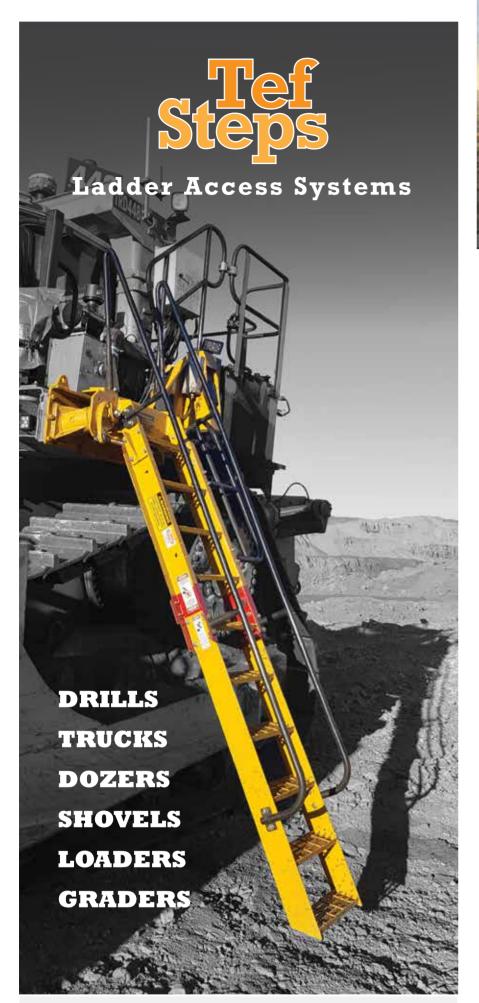
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## HEAD IN THE CLOUDS

PEACEFUL AND EXHILARATING ARE RARELY USED IN THE SAME SENTENCE, BUT THAT'S EXACTLY WHAT HOT AIR BALLOONING OVER THE HUNTER VALLEY FEELS LIKE.



Stunning views, great staff, a smooth ride and a champagne breakfast, when it comes to the perfect hot air ballooning experience, Beyond Ballooning really takes the cake.

From the moment you arrive at the Crown Plaza in Lovedale you are immediately welcomed by a friendly Beyond Ballooning staff member who leads you inside.

THIS TYPE OF GUIDANCE IS VERY HELPFUL WHEN YOU'VE JUST WOKEN UP AT 3AM TO GET THERE FOR A 5AM TAKE OFF, ESPECIALLY IF YOU'RE NOT A MORNING PERSON LIKE MYSELF.

Tackling a tired lot of passengers can be tough, but the guys make the safety procedures and information chat quick and informative ready for take-off.

I took a friend of mine on the little morning adventure, both of us inexperienced in the hot air ballooning domain, so we had no idea what to expect. As soon as we arrived at the take-off spot, the spectacular show began.

Large fans inflate the giant balloon, followed by a launch of the burners. I absolutely crapped myself when the burners started up and began shooting flames a mere metre from my head, but it definitely got the heart racing and the body feeling toasty in the morning chill.

Lift off was incredibly smooth and from the moment the basket rises into the air the views are breathtaking. From rolling mountains, dozens of vineyards, trees and landscape, to kangaroos and on a clear day views of the ocean.

THE SUNRISE GLEAMS THROUGH THE HILLS AND VALLEY TO CREATE AN EXQUISITE BACKDROP OF RADIANCE AND COLOUR. THERE'S A PEACEFUL FEELING OF EUPHORIA THAT RUNS THROUGH YOUR BODY AS YOU EXPERIENCE THE MAGNIFICENCE OF THE WORLD AROUND YOU.

Flights range from around 40 minutes to an hour, giving you the perfect amount of time to soak in the picturesque scenery around you and land for a timely breakfast.

We landed in a nearby field and were given the opportunity to observe and assist the deflation of the brilliant balloon. A quick pack up and we jumped on the bus back to the Crowne Plaza for breakfast.

I'll tell you one thing that is better than a ballooning experience, and that is a ballooning experience paired with a buffet brekkie. Eggs, bacon, pancakes, pastries, you name it we ate it. And not to mention the champagne to top of a morning of beauty and bliss.

There's also no need to take the camera, although they are very much welcomed on board, as the Beyond Ballooning staff photograph the entire experience which you can access that very afternoon.

I recommend giving Beyond
Ballooning a call now and booking
your own experience because we
bloody enjoyed ours and will be on
board again in no time for another
peaceful and exhilarating morning
of enjoyment.

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#### NOW HIRING TORO MOWERS AND HAND HELD EQUIPMENT

A mechanic noticed his coworker drinking brake fluid at lunch

"What are you doing, man? You can't drink that stuff!"

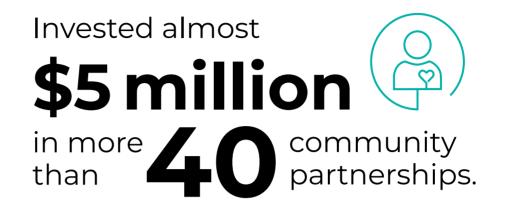
"Relax," replied his co-worker, "this stuff tastes pretty good, and I don't drink it all the time."

"Seriously," the mechanic exclaimed, "that brake fluid is poison!"

"Don't worry," said the coworker, "I can stop any time I want."







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#### TASTY TUCKER

QUALITY MEAL AFTER QUALITY MEAL, THE HUNTER RIVER HOTEL CONSISTENTLY PRODUCES MOUTHWATERING DISHES TO TINGLE YOUR TASTE BUDS.





Admittedly, The Hunter River Hotel used to be my local. I've eaten there a lot, at one stage on a weekly basis. To give you an idea of how good the food is, I still, even now living 40 minutes away, make regular trips to the 'HR' for affordable, filling and always delicious encounters.

This experience was no different. I dropped in for lunch on a bright, sunlit Tuesday and was greeted by the lovely, smiling staff members.

I love to try new things, so sought out the specials board for a treat. We put our trust in the waitress who suggested the Atlantic Salmon and Surf 'n' Turf, and from the first mouthful we were more than impressed.

BOTH MY FRIEND AND I ALMOST INHALED OUR MEALS THEY WERE THAT GOOD. I HAD THE ATLANTIC SALMON, SERVED WITH CHAT POTATOES, BROCCOLINI, JUICY PRAWNS AND A PERFECTLY EXECUTED LEMON SAUCE THAT CREATED SOULSATISFYING FLAVOUR.

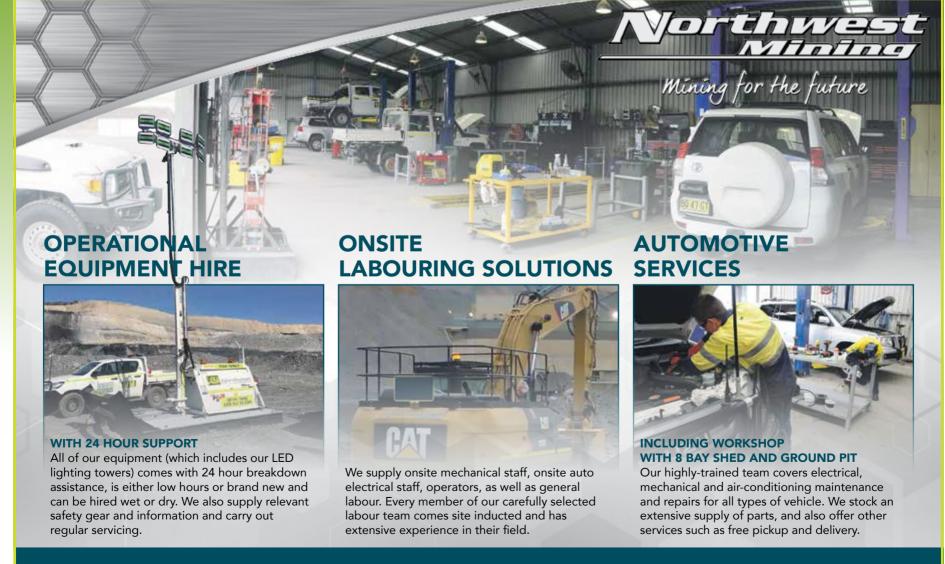
My companion had the Surf 'n' Turf dish that featured a tender scotch fillet, crunchy fried squid and an irresistible creamy garlic prawn sauce. A land and sea inspired dish, the refreshing seafood toppings complimented the generous and sumptuous steak.

Paired with a couple of glasses of champagne and friendly service throughout, our midweek lunch was an absolute delight.

IT SOMETIMES SURPRISES ME THAT THEY CAN NAIL EVERY SINGLE DISH THEY PUT OUT, BUT IT'S OBVIOUS THAT'S WHY THEY DRAW IN SUCH LOYAL CUSTOMERS

The hotel presents a sports bar, charming outdoor dining and pool area, divine bistro, play area full of kid's entertainment, and food and beverage specials every day of the week.

I'm not exaggerating when I say this joint is tantalising. You will leave, you'll remember how good the meal was and somehow it will draw you back for another.



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As many of you are aware, I conduct an Easter hunt with a difference for the grand kiddies. It's quickly become a much-loved tradition for Australia's first family where instead of hunting for chocolate eggs, we hunt down and kill defenseless fluffy little bunnies. I know it might sound a little harsh, but remember for the rest of the year these so called cute little critters are a known pest across the country. I view my actions as an

important national service.

ON TOP OF THOSE FACTS, IT'S THE ONE TIME OF YEAR WHEN I GET TO INDULGE IN A PERSONAL FAVOURITE – RABBIT PIE!

As general rule of thumb it takes two rabbits to make a Pie Minister sized meat bag. Given it takes at least six just to satisfy me for morning tea alone that means I needed to take down at least a dozen. With six grand

kiddies, various parents and other family hangeronerers, I set this year's tally at four dozen or fourty eight on the old scale.

As you can see from the photo above, I dressed up for the occasion so I would blend in out in the wild. I put those fake rabbit ears on all the kids, packed up the clan and my arsenal of shooting sticks and headed for the

hills up behind Jerrys Plains.

It was one of those days when everything that

could go wrong did. So, if you are one of those happy clappers who look for a silver lining in a bad situation, the only positive was that no rabbits died this Easter.

#### WHY I HEAR YOU ASK?

Because the site of a giant Easter Bunny tearing out of town behind the wheel of a vintage Kingswood with a car full of feral looking toddlers waving guns out the window isn't considered PC or safe in this cotton wool world we now live in. The arresting officer was nice enough not to shoot the lot of us though after he recognised who he was dealing with, but he did confiscate my gun collection and escorted us back to town in the back of his paddy wagon. Sensing our huge disappointment, he was however kind enough to swing by Coxy's and shout us all a few gravy bags of distinction.

Anyway...I hope your Easter was better than mine...But with numbers sure to be up, those waskeley little wabbits will be in my sights again next year. Talk to ya soon...Sol.



WIN A 6 PK OF COOPERS
PALE ALE AS FEATURED IN
THIS MONTH'S BEER REVIEW
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#### BOWDLER'S BEER REVIEW

@ The Coalface beer expert Richard Bowdler brings you this month's beer review.

#### **COOPERS ORIGINAL PALE ALE**

Name: Coopers Original Pale Ale.

Made: South Australia.

Info: A top fermented, bottle conditioned Ale.

**Cost:** \$4.60 / stubby or \$59 a carton.

Alcohol: 4.5%

Color: Dark Amber.

Nose: Surprisingly mild. A very faint light hops smell.

Taste: Quite mild, easy drinking.

**Mouth:** Full bodied but really smooth with a hint of malt.

**Aftertaste:** A medium hopsy bitter hit that lasts from 3-7 seconds.

**Comments:** A really cloudy ale from the bottle fermentation process although that doesn't affect the taste. A great ale with a full body, makes a prime intro into proper Pale Ales.

**Score: 9/10.** Like all of Coopers beer it's bottle conditioned so expect some sediment and clouding when poured. The bottle fermentation process packs a lot of extra taste and body to this beer.



#### **AUSTRALIAN POLITICIANS WORD SEARCH**

M	Α	L	T	I	Н	W	Н	G	U	0	G	Z	R	K
T	Α	N	Y	Α	P	L	I	В	Ε	R	S	Ε	K	E
W	Е	L	P	A	U	L	K	Е	A	T	I	N	G	V
V	С	U	С	T	T	0	В	В	A	Y	N	0	T	I
M	Y	S	С	0	T	T	M	0	R	R	I	S	0	N
Z	0	В	I	L	L	S	Н	0	R	T	E	N	Y	A
В	J	U	U	L	U	M	K	P	Н	U	В	A	L	N
Z	Y	В	0	В	K	Α	T	T	E	R	F	Н	Α	D
U	В	K	Е	V	I	N	R	U	D	D	A	Е	Е	R
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0	В	0	I	С	N	Е	V	Е	T	S	V	A	L	В
E	I	В	M	Α	L	I	U	Q	С	A	J	P	T	L

**ANNE ALY BARNABY JOYCE BILL SHORTEN BOB KATTER GOUGH WHITLAM JACQUI LAMBIE** 

**JOHN HOWARD JULIA GILLARD KEVIN ANDREWS KEVIN RUDD MALCOLM TURNBULL MATHIAS CORMANN** 

**PAULINE HANSON** 

**PAUL KEATING SCOTT MORRISON STEVE IRONS STEVEN CIOBO TANYA PLIBERSEK** TONY ABBOTT

## 回 THE COALFACE

**VOLUME 3 - NO 6: APRIL-MAY 2019** 

Roberts Meats Raffle - Pam Webb

Beer's On Us - Emma Partridge

Clubhouse XXXX - Robert Downes

Café La Luna Cake - Angela Ritter

Components Only Pizza Voucher-

John Overton

ASN Meals - Hellen Harradine

Crib Bag - Corey Oldham

Raw Dog Foods Voucher - Deb Ernst

#### CONGRATULATIONS TO ALL OUR WINNERS!

#### @ THE COALFACE TRIVIA THIS MONTH: GENERAL KNOWLEDGE

- **Q1.** Which is the only mammal that can't jump?
- Q2. Which river passes through Madrid?
- Q3. Where is the smallest bone in the body?
- Q4. How many dots are there on 2 dice?
- Q5. The Beaver is the national emblem of which country?
- Q6. What is Triskaidekaphobia?
- Q7. What is the name of Moe's pet cat in the show The Simpsons?
- Q8. How many squares are there on a chess board?

**₽9∶8∀** A7: Mr Snookums A6: Fear of the number 13 A5: Canada Z⊅ **:⊅∀** A3: Ear A2: Manzanares A1: Elephant *ANSWERS* 

#### PROGRAMMED INDUSTRIAL MAINTENANCE

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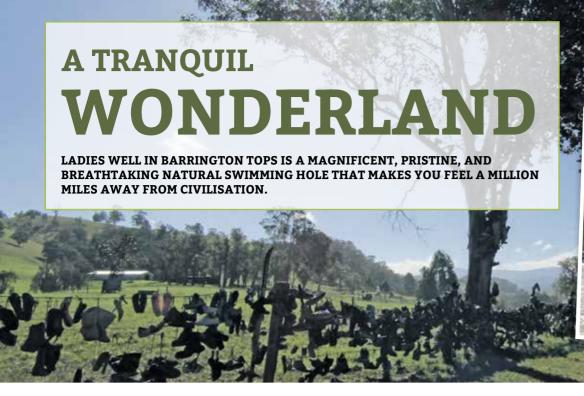
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WE TOOK IN SIGHTS OF MAGICAL TREES, GIANT ROOTS AND HANGING VINES AND HEADED BACK TO CAMP FEELING PEACEFUL.

TRAVEL @ THE COALFACE

If there's one thing you remember to take with you, make sure it's warm clothes because the night was very chilly. Take the biggest, fluffiest and warmest blanket you own. And do not, I repeat, DO NOT, hang your only pair of socks on 'Boot Hill' on the way there.

The night away was a beautiful change from the hustle and bustle of home and work. Even though I woke up thinking my feet had fallen off from the cold, I would definitely visit again.

THIS ESCAPE IS EXACTLY THAT, AN ESCAPE. MANY OF US FORGET WHAT IT'S LIKE TO GET BACK TO NATURE. DON'T FALL FOR THE LUXURY OF A HOTEL GETAWAY, BECAUSE THE LUXURIES OF NATURE ARE MUCH MORE BEAUTIFUL. PACK UP THE CAR AND HEAD TO THE LADIES WELL ON YOUR NEXT WEEKEND OFF.

From the moment we stepped out of the car at the entrance to the Chichester State Forest I could hear water cascading over the nearby falls. Located on the Upper Allyn River just a 2-hour drive from Newcastle, it was the obvious choice for a weekend getaway.

During the car trip, on our way to the beautiful waters, we came across something else that I guess you could describe as beautiful in its own weird way. The famous 'Boot Hill' came into our sight and it knocked our socks off...literally.

IT'S A SIGHT TO SEE. HUNDREDS OF SHOES, BOOTS, BRAS AND OTHER MISCELLANEOUS ITEMS ARE HANGING FROM THE FENCE AND TREE FOR GOD KNOWS WHAT REASON. WE DECIDED TO ADD OUR SOCKS TO THE MIX.

Cow after cow, we finally made it. The Allyn River camp ground is a free camping ground for those like me who like to save a buck. We were delighted to see bins and campfire sites and the perfect place to set up shop.

Surrounded by lush forest, large boulders and wildlife the setting is a photographer's paradise. It's clear this spot is beautiful all year round, even now that the cold has hit. We chucked on our winter woollies and set up camp. The crisp river waters are admittedly freezing, but it dragged us in anyway. My puppy jumped in first, followed by us two scaredy cats. After a quick swim and freezing our butts off, we built a campfire to thaw ourselves out.

There's a bunch of surrounding hiking trails, camping spots and places to explore so if you're feeling adventurous there is always something to do.

WE EXPLORED THE ALLYN RIVER RAINFOREST WALKING TRACK WHICH IS ONLY A 20-MINUTE STROLL, PERFECT FOR US INEXPERIENCED HIKERS. IT WAS STUNNING AND SO WORTH IT.

HEAD TO WWW.FORESTRYCORPORATION.COM.AU/VISIT/FORESTS/CHICHESTER FOR ALL CAMPING, HIKING AND ADVENTURE INFORMATION.

## Quick Cut

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